Blessing of Hands Ceremony
A Celebration of Hands that Provide Competence and Caring to Those in Need
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Acknowledgments
Rita Ray Mihm, MSN, NES, RN;
Pam Nelson, PhD, RN;
Chaplain Floyd O’Bryan; and
Diane Wroblewski, PhD and
ALL of the Nurses!

Mayo Nursing Care Model
Relationship Based Caring
- Problem solver
- Teacher
- Navigator
- Patient-Nurse Relationship-Based Care
- RN accountability
- Professional practice environment
- Continuity of care
The Blessing of Hands

- Nursing leadership team worked with Chaplain Services
- Developed a presentation for Nurses Week 2007
- Featured a Blessing of Hands Ceremony
- Honoring work that nurses and other care providers offer patients

The Blessing of Hands

- The Mayo Nursing Care Model was used as a template
- Identified aspects of work that our hands do while carrying out each of the seven roles of the Mayo Nurse
- Also included Franciscan Values

Mayo/Franciscan Values

Primacy of the Patient

Dr. Will Mayo’s words are often used to describe Mayo Clinic’s foremost value: “The best interests of the patient are the only interests to be considered.”

Mayo Clinic’s mission requires that personal interests and preferences must always be secondary considerations in decision-making, both in setting policy and in performing our duties.
Mayo/Franciscan Values

Teamwork

Mayo Clinic’s success is the result of a blending of the talents of its thousands of staff members, all of whom are focused on Mayo Clinic’s mission.

The mutual support that Mayo Clinic people provide to one another merges into a total collaborative effort that accomplishes our mission.

Mayo/Franciscan Values

Trust

Success for Mayo Clinic requires confidence in the honesty and integrity of our leaders and colleagues.

The professionalism of Mayo Clinic’s health care team is based upon the expectation of the complete sincerity and reliability of associates.

For our patients and their families, trust answers their overwhelming need to believe that those who care for them are, indeed, their advocates.

Mayo/Franciscan Values

Respect

The stress associated with illness, diagnosis and treatment makes patients especially vulnerable.

In caring for these patients, Mayo Clinic staff assume a special responsibility for protecting their rights to privacy and dignity.

Mayo staff also assume an obligation to demonstrate respect for colleagues, as a basic principle of professional conduct.
Spirituality

Mayo Clinic’s concern for the total well being of the patient often extends to healing from spiritual resources.

Facilitating access to this dimension of health is an important responsibility to patients who find benefit from such support.

The need for spiritual support is also recognized in coping with stress that Mayo Clinic staff often encounter in their work lives.

Compassion

Mayo Clinic’s mission includes bringing the best medical science to each patient, delivered with sensitivity to the emotional needs of persons who suffer illness or trauma.

Mayo Clinic’s environment reflects a sincere concern for the emotional and physical well being of each patient and family member, as well as for all staff.

Excellence

Mayo Clinic’s mission, “to provide the best care to every patient every day,” requires the best effort at all times from every staff member.

The acceptable standard of performance is the highest standard, simply because the expectations from our patients, the public and ourselves demand this.
The Blessing of Hands

- The hands of staff were anointed with oil and a blessing was offered
- Initiated by Chaplain and was then passed from one staff to another
- Sharing of stories and time for reflection was included

The Blessing of Hands

- Examples were given from each of the seven roles of the Mayo nurse
- In acknowledgment of the daily work nurses do with our hands
- Effective method of personalizing this model
- Provided acknowledgment of both the caring and the competence required of nurses

Wednesday, May 9, 2007
Acknowledgment

A special thank you to Diane Wrobleski, PhD, for her portrayal of Florence Nightingale during the ceremony.

The Blessing of Hands
Conclusions

• This presentation symbolized the way hands of Mayo nurses express the Mayo/ Franciscan and Mayo Nursing Model of Care values in daily practice.

• Our hope is to encourage nurses in other areas to find creative ways of celebrating the competence and caring that is offered to our patients.

A similar blessing could be created within any institution.

• Celebrate
• Acknowledge
• Personalize