

**Managing Breakthrough Pain in
Patients with Cancer:
Essential Concepts for Nursing Professionals
to Reduce Risk and Improve Outcomes**

**Sunday, September 13, 2009
Hyatt Regency Jacksonville - Riverfront
Grand Ballroom 1-4 (2nd floor)
Jacksonville, FL
6:30 AM - 8:30 AM**

Presented as a Satellite Symposium during the
American Society for Pain Management Nursing
(ASPMN) 19th National Conference



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INTRODUCTION

Breakthrough pain in cancer patients is under-recognized and undertreated, leading to unnecessary patient suffering and high healthcare costs. A number of barriers related to both healthcare professionals and patients have been attributed to the lack of diagnosis and treatment. Because nurses are integral members of the pain management team, it is essential for them to receive the latest information on breakthrough pain and its treatment. In turn, this will allow them to better collaborate with other healthcare professionals and help optimize treatment outcomes.

In this program, the pathophysiology and characteristics of breakthrough pain, its prevalence, and the negative impact on cancer patients will be reviewed. In addition, the characteristics of ideal breakthrough pain treatments, available options, and investigational agents will be explored. Key concepts regarding addiction and abuse; ways to minimize these issues in patients taking opioids; and strategies to address problems when they arise will be discussed. Patient cases will be examined in order to provide practical knowledge that can be used to improve patient outcomes.

EDUCATIONAL OBJECTIVES

At the conclusion of this activity, participants should be able to:

- **Describe** the pathophysiology and characteristics of breakthrough pain, its prevalence, and the negative impact on patients
- **Discuss** characteristics of ideal breakthrough pain treatments, available options, and investigational agents
- **Evaluate** key concepts regarding addiction and abuse; ways to minimize risk in cancer patients taking opioids; and strategies to address issues
- **Explore** patient cases and apply practical knowledge learned to improve patient outcomes

TARGET AUDIENCE

This CME activity is intended for nurses who have an interest in managing breakthrough pain in patients with cancer.

LOCATION

Hyatt Regency Jacksonville - Riverfront
225 E. Coastline Drive
Jacksonville, FL 32202
Tel: 904-588-1234
Fax: 904-634-4554

For more information on the ASPMN 19th National Conference, please go to:
www.aspmn.org/conference



This program is supported by an educational grant from MEDA Pharmaceuticals with ACCME standards in accordance with ASPMN policy

AGENDA

Sunday, September 13, 2009 6:30 AM – 8:30 AM

6:30 AM – 6:55 AM Registration / Breakfast
Grand Ballroom 1-4 (2nd Floor)

The program will begin promptly at 6:55 AM

6:55 AM – 7:00 AM Welcome and Introduction
Jeri L. Ashley, RN, MSN, AOCNS

7:00 AM – 7:15 AM Pathophysiology, Prevalence, and Impact of Breakthrough Pain in Cancer Patients
Sanjiv S. Agarwala, MD

7:15 AM – 8:15 AM Case Studies in Breakthrough Pain Treatment: Minimizing Risk and Maximizing Outcomes
All Faculty

8:15 AM – 8:30 AM Key Points / Q&A
All Faculty

FACULTY

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ACCREDITATION

Nursing Credit: Educational Review Systems is an approved provider of continuing education in nursing by ASNA, an accredited provider by the ANCC/Commission on Accreditation. Provider # 5-115-09-052. This program is approved for 1.5 hours of continuing nursing education.

Educational Review Systems is also approved for nursing continuing education by the state of California and the District of Columbia.

REGISTRATION

There is no registration fee to attend this symposium.

To register for the program, please log on to <http://events.SignUp4.net/ASPMN-Jax-sun symp>

****Registration confirmation will be received through this site ONLY**

For questions regarding the program, please contact John Robinson, MedXcel Account Director, at 800-586-2023 x 120 or via e-mail at jrobinson@medxcel.org