

"What's Going on in the U.S. to Improve Pain Treatment & Deter Prescription Drug Abuse?"

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Webcast Post-test Answers (Answers are in **bold**)

1. The medico-legal concept of *Balance*, established in international treaty, pertains to:
 - a. A government's obligation to control drug abuse and diversion, even at the expense of maintaining medication availability for legitimate medical and scientific purposes
 - b. A government's dual obligation to control drug abuse and diversion while maintaining medication availability for legitimate medical and scientific purposes**
 - c. A government's obligation to maintain medication availability for legitimate medical and scientific purposes, even at the expense of controlling drug abuse and diversion
 - d. None of the above
 - e. Unsure

2. When considering ways to improve state policies affecting pain treatment and palliative care issues, what approaches are often necessary to consider?
 - a. Adding language that promotes safe and effective care
 - b. Repealing or avoiding potential barriers to safe and effective care
 - c. Avoiding or minimizing unintended consequences to safe and effective care
 - d. All of the above**
 - e. None of the above
 - f. Unsure

3. When comparing the current number of policies developed by state nursing boards and state medical boards to govern pain management, palliative care, or end-of-life care, the following is true:
 - a. Nursing board policies are in many more states than are medical board policies
 - b. Nursing board policies are in about the same number of states as are medical board policies
 - c. Nursing board policies are in many fewer states than are medical board policies**
 - d. None of the above
 - e. Unsure

4. When considering the current status of Advanced Practice Nurse (APN) authority to independently prescribe Schedule II pain medications (i.e., without requiring a formal collaboration with a physician), the following is true:

- a. **More states than ever before grant such authority**
- b. More states than ever before prohibit such authority
- c. More states than ever before are silence about such authority
- d. None of the above
- e. Unsure

5. The National Council of State Boards of Nursing (NCSBN) currently supports nursing regulatory boards' efforts to develop policies that promote nurses' roles in providing safe and effective care for patients needing pain or palliative care services.

- a. **True**
- b. False
- c. Unsure

6. Which of the following are examples of activities occurring in states that are designed to help reduce prescription medication abuse and diversion?

- a. Medication take-back days
- b. Medication drop-boxes
- c. Prescription Monitoring Programs (PMPs)
- d. **All of the above**
- e. None of the above
- f. Unsure

7. Deaths involving prescription opioid analgesics now outnumber deaths from heroin and cocaine combined. What does the term "death involving" include?

- a. Deaths involving too much of a single drug
- b. Deaths resulting from fatal toxicity that comes from mixing too much of too many drugs
- c. Deaths involving opioids that are often combined with benzodiazepines
- d. **All of the above**

8. Which of the following is true?
- a. The number of deaths from drug overdoses has surpassed the number of deaths from car accidents
 - b. Deaths involving prescription opioids outnumber those of other pharmaceutical overdoses
 - c. **Nonmedical use of pain relievers is over greater than two times the nonmedical use of sedatives, stimulants, or tranquilizers**
 - d. Nonmedical users of pain relievers most often buy the opioid from family, friends, a dealer, or the internet.
9. Hydrocodone combination products were rescheduled to a schedule II controlled substance on 8.22.2014 and is effective 10.6.2014. Which of the following is a result of the rescheduling of hydrocodone combination products?
- a. **Pharmacies will be able to refill prescriptions for hydrocodone containing products written before 10.6.2014 but only until 4.8.2015.**
 - b. A new written prescription for each 30-day supply is needed, and multiple prescriptions may not be written at the same time.
 - c. Prescriptions for hydrocodone containing products may be faxed and e-scribed.
 - d. Prescriptions for hydrocodone containing products may not be called in for an emergency
10. The Office of National Drug Control Policy has expanded its strategy to include:
- a. Promoting more severe penalties for felony narcotic charges
 - b. **Training health care professionals to intervene early before addiction develops**
 - c. Limiting access to treatment to those with multiple felony narcotic charges
 - d. Having drug enforcement focus on less serious violations to prevent the severity of violations from escalating