Advanced Practice Pain Management Nursing Recognition Portfolio Program

Lynn Clark, RN, MS, CPNP-PC, AP-PMN
Patricia Bruckenthal, PhD, APRN-BC, ANP, FAAN
Conflict of Interest Disclosure

• Conflicts of Interest:
  • Lynn Clark, RN, MS, CPNP-PC, AP-PMN
    – Nothing to disclose
  • Patricia Bruckenthal, PhD, APRN-BC, ANP, FAAN
    – Picera advisory board
Definition

- **Certification** refers to the confirmation of certain characteristics of an object, person, or organization. This confirmation is often, but not always, provided by some form of external review, education, assessment, or audit.
- A process indicating that an individual or institution has met predetermined standards.
- Many specialty areas have professional organizations that provide certification to individual practitioners.
- National organizations can control the process with certain regulations in place or contract control to a 3rd party (ASPMN basic certification through ANCC).
- **Professional Recognition program**: same process without the 3rd party.
Rationale for AP-PMN program

• Purpose: to promote excellence in AP-PMN by
  1. Formally recognizing those individuals who meet all the requirements of the ASPMN AP-PMN program
  2. Encouraging continued professional growth in the practice of PMN
  3. Establishing and measuring the level of knowledge required for AP recognition in PMN
  4. Providing a standard of knowledge required for recognition, thereby assisting the employer, public, and members of health professions in the assessment of the AP-PMN

• Awareness, credibility, accountability
Development of the AP-PMN Recognition Program

- **2012 Membership Survey**
  - 40% APRNs
  - Most expressed interest in AP-PMN recognition
  - Launched in 2014

- **Process of development:** review of professional organization programs

- **Structure of AP-Commission:**
  - include no less than five people
  - at least one CNS, one NP and one non-advanced practice nurse who holds an advanced degree in nursing at the graduate level
  - commission term limits are two years and a member may serve no more than four consecutive years.
  - The members of the inaugural commission (2014) are: Helen Turner, DNP, RN-BC, PCNS-BC, FAAN; Ann Schreier, PhD, RN; Carol Curtiss, MSN, RN-BC; Davey Voss, MS, APN-FNP; and Cheryl Marks, MS, RN-BC, FNP

- **Applications are reviewed twice a year**
  - Cycle 1 - Applications received by May 31
  - Cycle 2 - Applications received by December 31
Eligibility Requirement

The applicant must fulfill the following requirements:

1. Hold current **APRN** license OR advanced practice nursing position
2. Possess current entry-level ANCC **Pain Management** certification
3. Hold a **Master’s, Post-Master’s or Doctorate** degree as a Nurse Practitioner, Clinical Nurse Specialist, Certified Registered Nurse Anesthetist, or Certified Nurse Midwife (A copy of diploma and official APRN transcripts must accompany application.)
4. Work completed to meet eligibility criteria must be completed **after achieving APRN status and within the past five years**
Application Process: Creating your portfolio

- Download the application from www.ASPMN.org
- Review the directions and checklist
- Gather your supporting documentation
- Fill out required forms
- Upload required material
- Pay fee!
There are eight categories of professional growth activities in which you can earn AP portfolio points.

A. Continuing Education
B. Program or Projects
C. Research
D. Publication
E. Teaching
F. Involvement in Professional Organizations
G. Academic Education/AP Certifications
H. Projects/Activities not defined

A total of 100 AP points must be earned during the current five-year recognition period and prior to the application deadline. If greater than 100 points are submitted in portfolio, the reviewers will accept the first 100 points.
Requirements of Application

• Overall, fifty (50) AP points must directly relate to pain management nursing.
• The remaining 50 points do not have to directly relate to pain management, but must reflect professional topics that specifically impact APRN Pain Management practice.

<table>
<thead>
<tr>
<th>POINTS DISTRIBUTION FOR EACH CATEGORY</th>
<th>Category</th>
<th>Minimum Points Required</th>
<th>Maximum Points Allowed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>A. Continuing Education</td>
<td>20 related to specialty</td>
<td>40</td>
</tr>
<tr>
<td></td>
<td>B. Program or Project</td>
<td>10</td>
<td>40</td>
</tr>
<tr>
<td></td>
<td>C. Research</td>
<td>10</td>
<td>40</td>
</tr>
<tr>
<td></td>
<td>D. Publication</td>
<td>10</td>
<td>50</td>
</tr>
<tr>
<td></td>
<td>E. Teaching</td>
<td>10</td>
<td>50</td>
</tr>
<tr>
<td></td>
<td>F. Professional Orgs.</td>
<td>None</td>
<td>50</td>
</tr>
<tr>
<td></td>
<td>G. Academic Education/AP Certifications</td>
<td>None</td>
<td>50</td>
</tr>
<tr>
<td></td>
<td>H. Projects/Activity Not Defined</td>
<td>None</td>
<td>To be determined by the AP commission</td>
</tr>
</tbody>
</table>
### AP PM MANAGEMENT POINT LOG

<table>
<thead>
<tr>
<th>Category</th>
<th>Activity</th>
<th>Description</th>
<th>Date(s)</th>
<th>Total Points</th>
<th>Check here</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>1</td>
<td><strong>EXAMPLE:</strong> Total CEs (Use Verification Form A to list CE course titles individually.)</td>
<td>2011</td>
<td>30</td>
<td></td>
</tr>
<tr>
<td>A</td>
<td>1</td>
<td>Total CEs</td>
<td>2010-2013</td>
<td>40</td>
<td></td>
</tr>
<tr>
<td>B</td>
<td>14</td>
<td>ANCC Pain Mgt. Certification Exam Team- Item Writer, 30 Items</td>
<td>2013</td>
<td>40</td>
<td></td>
</tr>
<tr>
<td>C</td>
<td>1</td>
<td>Study proposal: transition from acute to chronic pain among lumbar laminectomy patients</td>
<td>2012-14</td>
<td>25</td>
<td></td>
</tr>
<tr>
<td>D</td>
<td>4</td>
<td>Co-Author: Pulsed Radiofrequency Ablation for Chronic Abdominal Pain (Case Study)</td>
<td>2013</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>E</td>
<td>1</td>
<td>4 Hour Course for inpatient nurses in Pain Management</td>
<td>2013</td>
<td>16</td>
<td></td>
</tr>
<tr>
<td>G</td>
<td>1</td>
<td>Initial APRN Certification</td>
<td>2010</td>
<td>25</td>
<td></td>
</tr>
<tr>
<td>G</td>
<td>3</td>
<td>Prescriptive Authority</td>
<td>2011</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>G</td>
<td>4</td>
<td>Univ. of Kentucky DNP Program</td>
<td>2011-Current</td>
<td>20</td>
<td></td>
</tr>
</tbody>
</table>
Category A: CEUs

- **Minimum of 20 points directly related** to pain management required. Maximum of 40 AP points.
- Point calculation: 1 AP point for each CE or contact hour.
- List individual educational session/course titles separately. Do not list as “conference” with the total CEs.
<table>
<thead>
<tr>
<th>Program Date(s)</th>
<th>Title of Session/Course</th>
<th>Session/Course Provider</th>
<th>Approved Accrediting Organization</th>
<th>Hours or Points</th>
<th>Specify if points are Professional Practice or Pain Management related</th>
</tr>
</thead>
<tbody>
<tr>
<td>4/15/15</td>
<td>2015 APRN Roundtable</td>
<td>NCSBN</td>
<td>Alabama State Board of Nursing</td>
<td>5.5</td>
<td>PP</td>
</tr>
<tr>
<td>3/15-17/15</td>
<td>Nurse in Washington Internship (NIWI)</td>
<td>Nursing Organizations Alliance (NOA)</td>
<td>Tennessee Nurses Association</td>
<td>5.75</td>
<td>PP</td>
</tr>
<tr>
<td>11/20-22/14</td>
<td>NOA Fall Summit</td>
<td>NOA</td>
<td>Tennessee Nurses Association</td>
<td>5.25</td>
<td>PP</td>
</tr>
<tr>
<td>10/29/14</td>
<td>Using a mobile simulation to teach safe and effective opioid analgesics</td>
<td>University Health Consortium (UHC)</td>
<td>American Nurses Credentialing Center (ANCC)</td>
<td>1.0</td>
<td>PM</td>
</tr>
<tr>
<td>10/9/14</td>
<td>The 2014 Modern Federal Elections: What Nurses Need to Know</td>
<td>American Association of Colleges of Nursing (AACN)</td>
<td>AACN</td>
<td>1.0</td>
<td>PP</td>
</tr>
<tr>
<td>1/22-23/14</td>
<td>The Challenge of Pain 2014</td>
<td>University of Washington CNE</td>
<td>UWCNE</td>
<td>14.0</td>
<td>PM</td>
</tr>
<tr>
<td>10/9/15</td>
<td>Advanced Pharmacology</td>
<td>Ohio Nurses</td>
<td>Ohio Nurses Association</td>
<td>7.5</td>
<td>PM</td>
</tr>
</tbody>
</table>

Total AP Points
(Transfer this total to Point Log) 40 17.5 22.5
Category B: Program or Project Activities

• A **minimum of 10 points** are required from Category B and must be included in your portfolio. A maximum of 40 points are allowed.

• Activities clearly demonstrate the achievement of advancing practice

• Include more complex activities requiring multiple steps for completion and/or significant preparation.

• Applicant must have had the primary responsibility for developing, implementing and evaluating the program, conducting the project, or case.
Category B: Program or Project Activities

B1. Establishing a pain management nursing service*
   Writing a proposal .........................................................................................................10 points
   Developing initial policies and procedures++............................................................10 points
   Developing a billing procedure ....................................................................................10 points

B2. Establishing a pain management multidisciplinary* service
   Writing a proposal .........................................................................................................10 points
   Developing initial policies and procedures ++............................................................10 points
   Developing a billing procedure ....................................................................................10 points

B3. Team/Committee/Task Force focused on pain management
   Establish .......................................................................................................................5 points
   Chair .............................................................................................................................5 points
   Member ..........................................................................................................................2 points

B4. Establishing an independent (self-employed) pain management practice or consulting business ..........................................................25 points per recognition period
Category B: Program or Project Activities

B5. Public health policy development ++ .................................................................20 points

Please summarize your Public Policy project by answering the following questions on the Verification Form:

A. What was the clinical challenge?
B. How was the challenge identified?
C. What actions were implemented to address the project?
D. Describe the evaluation process.
E. What were the results of the project?

B6. Quality improvement (QI) project* ++ ...............................................................10 points

Please summarize your QI project by answering the following questions on the Verification Form:

A. What was the clinical challenge?
B. How was the challenge identified?
C. What actions were implemented to address the project?
D. Describe the evaluation process.
E. What were the results of the project?

B7. Clinical Pathway development * ++ .................................................................20 points

B8. Policy/procedures in existing practice ++

Develop original........................................................................................................5 points per policy (maximum 15 points)
Revising existing .........................................................................................................3 points per policy (maximum 9 points)

++ Can be applied as research activities
Category B: Program or Project Activities

B9. Competency based tools*
   Original..........................................................................................................................5 points (maximum 15 points)
   Revised ..........................................................................................................................3 points (maximum 9 points)

B10. Collection and analysis of outcome data or case study data ++ ..................................10 points
   (Derived from clinical practice, and not part of a formal research project)

B11. Grant Activities* (non-research based) ....................................................................10 points
   (e.g., grant money for educational development; or to obtain equipment)

B12. Prevalence and/or Incidence Study..........................................................................5 per study (maximum 10 points)

B13. Expert consultation on a legal case related to Pain Mgt patient....................................10 points per case

B14. Item writing for ASPMN® certification exam ..........................................................10 points for term of service

B15. Arranging a Product Fair ..........................................................................................5 points

B16. Product Formulary ++
   Developing .....................................................................................................................10 points
   Revising ..........................................................................................................................5 points

B17. Webmaster (electronic information systems related to Pain Management nursing)
   Develop .........................................................................................................................10 points per website (maximum 20 points per cert.)

B18. Standardized Care Plans ++ ......................................................................................5 points (maximum 15 points)
Category B: Program or Project Activities - Example

B2. Establishing a pain management multidisciplinary* service
   – Writing a proposal .................................................................................................................. 10 points
• B14. Item writing for ASPMN® certification exam ........................................... 10 points for term of service
   – Developing a billing procedure .......................................................................................... 10 points

Summarization for Category B: Project Activities B14

Item Writer for ANCC Pain Management Certification Exam. 30 items accepted.

Summarize purpose and/or assessment of need for program, project, or case as it relates to pain management:

Helps to ensure that ANCC certification is current and valid and gives nurses in pain management a way to demonstrate competency in the field.

Provide an overview of the implementation of program / project as it relates to pain management:

The workshop helps to develop skills in item writing which lead to questions designed to determine the eligibility of pain management nurses for certification.

Evaluation of program / project (implications for clinical practice) as it relates to pain management:

I feel the program is one of the strongest I have ever been involved with. The hours in the classroom and hours spent writing items has helped me to be more proficient in the pain management field.
Category C: Research Activities

A **minimum of 10 points** are required from Category C and must be included in your portfolio. A maximum of 40 points are allowed.

**Acceptable Activity**..........................**AP Points Awarded**
C1. Developing a study ...............................................................25 points
C2. Grant writing........................................................................25 points
C3. Developing or testing of a research tool ..................20 points
C4. Data collection and analysis........................................10 points
C5. Writing a report of research finding(s) .....................10 points
Category C: Research Activities

Acceptable Activity........................................................................................................................................AP Points Awarded

(C)B1. Establishing a Pain Management nursing service: Developing initial policies and procedures .............................................. 10 points

(C)B2. Establishing a Pain Management multidisciplinary service: Developing initial policies and procedures .............................. 10 points

(C)B5. Public health policy development ........................................................................................................................................ 20 points

(C)B6. Quality improvement (QI) project* ........................................................................................................................... 10 points

(C)B7. Clinical Pathway development * ............................................................................................................................. 20 points

(C)B8. Policy/procedures in existing practice

  Develop original ...................................................................................................................................................... 5 points per policy (maximum 15 points)
  Revising existing ................................................................................................................................................... 3 points per policy (maximum 9 points)

(C)B10. Collection and analysis of outcome data or case study data .............................................................................................. 10 per specialty

  (Derived from clinical practice and not part of a formal research project.)

(C)B16. Product Formulary

  Developing .............................................................................................................................................................. 10 points per specialty
  Revising ................................................................................................................................................................. 5 points

(C)B18. Standardized Care Plans ............................................................................................................................................ 5 points (maximum 15 per specialty)

(C)D1. Textbook: Author or Co-author ..................................................................................................................................... 30 points

(C)D2. Chapter: Author or co-author ............................................................................................................................ 20 points

(C)D3. Peer-reviewed Journal Article: Author or co-author .............................................................................................. 15 points

(C)D4. Case Study: Author or co-author ....................................................................................................................... 5 points (maximum 10 per specialty)
Category C: Research Example

(CD4. Case Study: Author or co-author ........................................................................................................................................5 points (maximum 10 per specialty)

<table>
<thead>
<tr>
<th>Date of Publication</th>
<th>January 2010</th>
<th>September 2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>Title of Work / Publication</td>
<td>Example: Promoting Self-Management for Chronic Pain</td>
<td>American Society for Pain Management Nursing Position Statement: Pain Management in Patients with Substance Use Disorders.</td>
</tr>
<tr>
<td>Synopsis of Material</td>
<td>Article written that presents current evidence based interventions to manage Chronic Pain.</td>
<td>Article written that presents current evidence based assessment, monitoring, and treatment of patients with co-existing substance use disorder and pain.</td>
</tr>
<tr>
<td>Type of Work (Book, Chapter, Journal)</td>
<td>Peer Reviewed Journal Article</td>
<td>Peer Reviewed Journal Article</td>
</tr>
<tr>
<td>Published In</td>
<td>Pain Management Nursing</td>
<td>Pain Management Nursing and Journal of Addictions Nursing</td>
</tr>
</tbody>
</table>

**Objectives**
- Provide clinicians with research based evidence to increase access to strategies for self-management of pain
- Review available technologically enhanced tools for self-management of pain
- Provide clinical practice recommendations
- Provide the position of ASPMN regarding pain management in patients with substance use disorders
- Understanding of the disease of substance use disorder
- Scope of substance use/misuse, conceptual models, ethical considerations, addiction risk stratification, clinical recommendations
- Importance of treating every patient with dignity, respect, and high-quality pain assessment and management

**Content Outline**
- Importance of self-management for pain
- Barriers to pain self-management
- Strategies to increase self-management of pain
- Technological advances for self-management strategies for pain control

AP POINTS CLAIMED FOR THIS ACTIVITY 15
Category D: Publication Activities

- **A minimum of 10 points** are required from Category D and must be included in your portfolio. A maximum of 50 points are allowed.
- You must be the author or co-author or contributor of these activities, and have completed them during your last five-year certification period.
- All publications must relate to the practice of Pain Management nursing.

**Documentation Required**

- Submit documentation to substantiate the activity:
  - A copy of short publications (e.g., journal article, book chapter, fact sheet, brochure, etc.).
  - For longer publications (e.g., textbook) – a copy of the title page, page showing date of publication, and table of contents page where the certificant’s name is listed as an author.
# Category D: Publication Activities

<table>
<thead>
<tr>
<th>Acceptable Activities</th>
<th>AP Points Awarded</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>D1. TEXTBOOK</strong></td>
<td></td>
</tr>
<tr>
<td>A. Author or Co-author ++</td>
<td>30 points</td>
</tr>
<tr>
<td>B. Editing</td>
<td>25 points</td>
</tr>
<tr>
<td>C. Reviewing* content</td>
<td>15 points</td>
</tr>
<tr>
<td><strong>D2. CHAPTER</strong></td>
<td></td>
</tr>
<tr>
<td>A. Author or co-author ++</td>
<td>20 points</td>
</tr>
<tr>
<td>B. Contributing*</td>
<td>10 points</td>
</tr>
<tr>
<td>C. Reviewing*</td>
<td>15 points</td>
</tr>
<tr>
<td><strong>D3. JOURNAL ARTICLE</strong></td>
<td></td>
</tr>
<tr>
<td>A. Author or co-author ++</td>
<td>15 points</td>
</tr>
<tr>
<td>B. Reviewing (Peer Reviewed)</td>
<td>5 points</td>
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<tr>
<td><strong>D4. CASE STUDY</strong></td>
<td></td>
</tr>
<tr>
<td>Author or co-author ++</td>
<td>5 points (maximum 10 per specialty)</td>
</tr>
<tr>
<td><strong>D5. ABSTRACT</strong></td>
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</tr>
<tr>
<td>Author or co-author</td>
<td>5 points</td>
</tr>
<tr>
<td><strong>D6. EDITORIAL</strong></td>
<td></td>
</tr>
<tr>
<td>Author or co-author</td>
<td>3 points</td>
</tr>
<tr>
<td><strong>D7. NEWSLETTER</strong></td>
<td></td>
</tr>
<tr>
<td>A. Editor</td>
<td>10 points</td>
</tr>
<tr>
<td>B. Contributor* of article</td>
<td>3 points</td>
</tr>
<tr>
<td><strong>D8. OTHER PUBLICATIONS</strong> (e.g., newspaper article, Best Practice Document reviewer)</td>
<td>3 points</td>
</tr>
</tbody>
</table>

**DEVELOPMENT OF ORIGINAL EDUCATION TOOLS**

| **D9.** Developing a healthcare professional fact sheet * | 5 points (maximum 10 points) |
| **D10.** Develop patient education tool* | 5 points (maximum 10 points) |
| **D11.** Develop Original Learning module* | 10 points |
| **D12.** Writing brochure / pamphlet * | 5 points (maximum 10 points) |
| **D13.** Create Pain Management Documentation Form *(Electronic or paper forms created to chart pain patients progress)* |
| Original | 5 points (maximum 15 per cert period) |
| Revise | 3 points (maximum 9 per cert period) |
## Category D: Publication Activities

### Example

**D4. CASE STUDY**

<table>
<thead>
<tr>
<th>Date of Publication</th>
<th>EXAMPE</th>
<th>FILL IN YOUR ACTIVITY DESCRIPTION HERE</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 2010</td>
<td></td>
<td>Summer 2013</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Title of Work/ Publication</th>
<th>Example: Journal article: CAUTI: Prevention and Treatment Strategies”</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Pulsed Radiofrequency ablation for Chronic Abdominal Pain</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Synopsis of Material</th>
<th>Article written that presents current evidenced based interventions to prevent CAUTIs and current effective treatment strategies.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Case study into the effectiveness of the procedure</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Type of Work (Book, Chapter, Journal)</th>
<th>Peer Reviewed Article</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Accepted Letter to the Editor</td>
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<table>
<thead>
<tr>
<th>Published In</th>
<th>JWOCN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Published In</td>
<td>Pain Physician</td>
</tr>
</tbody>
</table>

### Objectives

- Accurately diagnose CAUTIs
- Discuss effective strategies to prevent CAUTI
- Devise an effective treatment plan for patients with CAUTI
- Determine effectiveness of procedure mentioned above.

### Content Outline

- Prevalence and incidence of CAUTI
- Diagnosis of CAUTI
- Prevention strategies
- Treatment strategies
- Changing Urine pH
- Effective Pharmacologic treatment
- Procedure, results, recommendation for further research.

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**AP POINTS CLAIMED FOR THIS ACTIVITY**

5 points (maximum 10 per specialty)
Category E: Teaching Activities

A **minimum of 10 points** are required from Category E and must be included in your portfolio. A maximum of 50 points are allowed.

**Acceptable Activity** ..........................................................AP Points Awarded

E1. Presentations/lectures ...................................................1 point per 15 minutes of presentation
E2. Professional Conference presentation/lecture/workshop............5 points for each CEU offering
E3. Primary Author of Conference poster presentation .........................5 points
E4. Preceptor for Pain Management, DNP students, or AP nursing students.....1 point for every 8 hours of Precepting (maximum 30 points per application period)
E5. Clinical education of nursing/medical professionals ....................1 point for every 8 hours of time (i.e., mentoring, orientation, job shadowing for residents, interns, physicians, PT, NP, CNS, PA)
E6. Expert consultation at a Medical Event ........................................1 point (maximum 3 points) (i.e., health fair, screening clinic, supplier clinic, product fair)
Category E: Teaching Activities

Example

E1. Presentations/lectures ................................................................. 1 point per 15 minutes of presentation

Title: Little Adults or Big Kids—What’s the Fuss About? The Evidence in Pain Management and Making the Most of Your Organization

Date Offered: 4/11/15

Objectives (list 3):
1. Describe the four components of nociception
2. Interpret the concepts of pain intensity, location, quality, and modifying factors.
3. Recommend appropriate pain assessment tools based on patient’s age, developmental status, and condition.

Summary of Teaching Content:

Length of offering (in minutes): ______ divided by 15 = ______ AP Points

Number of contact hours offered: 4 ______ multiplied by 10 = 40 ______ AP Points

AP POINTS CLAIMED FOR THIS ACTIVITY 40

(Transfer this total to Point Log)
Category F: Professional Organizations

No minimum number of points required for this category; maximum of 50 points allowed.

<table>
<thead>
<tr>
<th>Acceptable Activity</th>
<th>Name of Office, Task Force, Committee, or Organization</th>
<th># of Years Served</th>
<th>Points per Year</th>
<th>Total Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professional Nursing Organizations</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>F1. Officer at a national level</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>F2. Committee or task force chair at a national level</td>
<td></td>
<td></td>
<td>20</td>
<td></td>
</tr>
<tr>
<td>F3. Officer at the regional/state level</td>
<td></td>
<td></td>
<td>15</td>
<td></td>
</tr>
<tr>
<td>F4. Officer at the affiliate/local level</td>
<td></td>
<td></td>
<td>7</td>
<td></td>
</tr>
<tr>
<td>F5. Committee member at the national level</td>
<td></td>
<td></td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>F6. Committee or task force chair at the regional/state/affiliate/local level</td>
<td></td>
<td></td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>F7. Committee member at the regional/state/affiliate/local level</td>
<td></td>
<td></td>
<td>2</td>
<td></td>
</tr>
</tbody>
</table>

Total AP Points
(Transfer this total to Point Log)
## Category F: Professional Organizations

<table>
<thead>
<tr>
<th>Acceptable Activity</th>
<th>Name of Office, Task Force, Committee, or Organization</th>
<th># of Years Served</th>
<th>Points per Year</th>
<th>Total Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professional Nursing Organizations</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>F1. Officer at a national level</td>
<td>Director, President Elect, President, ASPMN</td>
<td>6</td>
<td>20</td>
<td>120</td>
</tr>
<tr>
<td>F2. Committee or task force chair at a national level</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>F3. Officer at the regional/state level</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>F4. Officer at the affiliate/local level</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>F5. Committee member at the national level</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>F6. Committee or task force chair at the regional/state/affiliate/local level</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>F7. Committee member at the regional/state/affiliate/local level</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Total AP Points**

(Transfer this total to Point Log) 50
Category G: Academic Ed/ AP Cert

No minimum number of points required for this category; maximum of 50 points allowed.

Acceptable Activity ...........................................AP Points Awarded
G1. Initial APRN National Certification ................................25 Points
G2. Maintaining APRN National Certification .......................25 Points
G3. Attaining / Maintaining Prescriptive Authority..............5 points
G4. Academic Education..................................................5 points for each semester credit hour earned
Category G: Academic Ed/ AP Cert
Category H: Activities Not defined

- Projects and activities not defined in the Professional Growth Program (AP) Handbook must be submitted to the AP Committee for pre-approval.
- The AP Committee will review the request for pre-approval and make a decision of acceptability. It is required you use this Pre-Approval Form to summarize the project or activity. Other documentation is not acceptable.
- AP Committee will the assign points based on complexity and relativity to pain practice.

PRE-APPROVAL FOR PROJECTS / ACTIVITIES NOT DEFINED

Name: ___________________________________________ Date: ______________________
Category: ________________________________________________________________________

Complete this form for each project or activity.

1. Date activity completed:____________________________
2. Summarize activity as it relates to specialty area.
3. Provide an overview of the implementation of program / project as it relates to specialty area.
4. Evaluation of program / project (implications for clinical practice) as it relates to specialty area.

AP POINTS CLAIMED FOR THIS ACTIVITY_____
The final steps

• Include the following documents with your completed application:
  – Application form (typed or computer generated)
  – Copy of ANCC Pain Management Certification
  – Copy of APRN Certification (if applicable)
  – Copy of your Graduate level diploma and transcripts reflecting completion of APRN program
  – Point Logs (typed or computer generated)
  – Most recent performance evaluation OR peer review letter of recommendation
  – Curriculum Vitae, including current position summary reflective of Advanced Practice duties and responsibilities (typed or computer generated)

• Complete all necessary Summarization and Verification Forms (typed or computer generated). Be sure to list the required total of 100 AP Portfolio Points. Note the minimal points required and maximum allowed for each category.

• Make a check payable to the ASPMN® AP Recognition.
Benefits of AP-PMN Recognition

• Peer recognition (ASPMN and beyond)
• Professional recognition
• Professional growth
AP-PMN Recognition = Time to celebrate!

- List of certified APRNs
  - Derek Calhoun
  - Kimberly Whittmayer
  - Lynn Clark
  - Jennifer Surprise
  - Francine Hoh
  - Debra Drew
  - Sharon Wrona
  - Rosalie Januzzi
  - Helen Turner
  - Laura Trexor
  - Teresa Reyburn-Orne
  - Renee Manworren
  - Marsha Rehm
  - Alicia Harding
  - Carrie Brunson