

®

ASPM

22nd National Conference

*Charting Our Course,
Navigating
Pain Management*

September
12-15, 2012

Baltimore, MD

Hilton Baltimore

Registration Brochure

Charting Our Course, Navigating Pain Management

Hilton Baltimore  Baltimore, MD

September 12-15, 2012

The American Society for Pain Management Nursing[®] (ASPMN[®]) is pleased to announce its 22nd National Conference, September 12-15, 2012, at the Hilton Baltimore in Baltimore, Maryland.

THE GOALS OF THE 22nd NATIONAL CONFERENCE ARE TO:

-  Discuss clinical options for the treatment of patients who require pain management nursing care.
-  Analyze clinical, research, socio-cultural and legal developments in the field of pain management.
-  Advocate for the provision of comprehensive, evidence-based, quality care of individuals and their families experiencing problems related to chronic pain conditions.
-  Network with nurses and other health professionals who focus on pain management in their practice.

THE NATIONAL CONFERENCE WILL INCLUDE:

-  Nationally recognized speakers and leaders in the field of pain management
-  Pre-conference educational opportunities for additional learning
-  Innovative educational sessions
-  Incorporation of technology and human touch in pain management practice
-  Networking opportunities
-  Potential to gain new peers and partners



Charting Our Course, Navigating Pain Management

CONTINUING EDUCATION

ASPMN® awards contact hours for participants who attend the National Conference. ASPMN® will obtain credits for nurses and advanced practice nurses (including pharmacology credit, if applicable). We will request 21.5 contact hours for this conference (this includes CE for pre-conference workshops).

This activity has been submitted to the Greater Kansas City Chapter of the American Society for Pain Management Nursing for approval to award contact hours. The Greater Kansas City Chapter of the American Society for Pain Management Nursing is approved as a provider of continuing nursing education by the Kansas State Board of Nursing.

This program is pending approval by the American Academy of Nurse Practitioners.

Target Audience

The target audience for the 22nd National Conference includes registered nurses and advanced practice nurses practicing in pain management, as well as nursing faculty and nursing students with an interest in pain management.

Commercial Support

No commercial support has been received for this program.

Learning Objectives

Please contact Christie Ross at (913) 895-4776 to receive a complete list of learning objectives for each session.

CANCELLATIONS & TRANSFERS

Cancellations and transfers must be requested in writing and postmarked or faxed by August 17, 2012. Refunds will be issued following the National Conference. A \$50 administrative fee will be assessed. If you transfer your registration to another person, please include a completed registration form from that person with your written request. Requests for cancellation postmarked or faxed after August 17, 2012 are not refundable.



Thank You to Our Supporters

Meeting Supporters

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CE VS. NON-CE SYMPOSIA

The majority of the meals at the ASPMN® National Conference are provided by corporate supporters in the form of either a CE or a non-CE symposium. As the name indicates, you receive contact hours for attendance at the CE symposia. These could be considered general sessions that provide educational content in pain management nursing.

Non-CE events are typically “product theaters” in that the supporter has a new product coming out or new uses for an existing product.

The purpose is to provide that information to you. Continuing education is NOT provided for these types of presentations.

If ASPMN does not have a symposium sponsor for a breakfast session, a continental breakfast will be provided. If ASPMN does not have a symposium sponsor for a lunch or dinner session, the meal will not be provided. Attendees will be on their own for these meals.

Featured Speakers



Keynote Speaker

Kevin T. Galloway, COL, AN

Colonel Kevin Galloway is a career Army officer with more than 24 years of service.

He is currently serving as the Program Director for the Army's Comprehensive Pain

Management Campaign Plan following his role as Chief of Staff of the Army's Pain Management Task Force. He is also the Chief, Support Branch, in the Rehabilitation and Reintegration Division (R2D) at the United States Army Office of The Surgeon General (OTSG). The Pain Management Task Force was an effort chartered by the Army Surgeon General to develop a comprehensive pain management strategy for the U.S. Army Medical Command. The Pain Task Force included representatives from the Army, Navy, Air Force, and Veterans Administration. The Task Force report was completed in May 2010 and is the basis for the Army's current Pain Management Campaign Plan. R2D is the Army Medical Departments lead agency in providing guidance on Soldier rehabilitation and reintegration issues.

Col. Galloway graduated from The Catholic University of America with a Bachelors of Science in Nursing in 1987. In 2003, he graduated from the United States Army-Baylor University Graduate Program in Health Care Administration.

Col. Galloway was commissioned as an Army Nurse Corps officer in 1988. His career has included a variety of clinical and administrative assignments in both fixed facility hospitals and military field hospitals. He has served in staff and leadership roles in several military Emergency Departments, Ambulatory Care Clinics, and Troop Medical Clinics.

His military deployments include Operation Desert Storm with the 85th Evacuation Hospital, Operation Provide Promise in Zagreb, Croatia with the 502nd Mobile Army Surgical Hospital (MASH), and most recently Operation Iraqi Freedom with the 86th Combat Support Hospital (CSH). Other assignments have included Korea and Honduras. Before his current assignment at OTSG, Col. Galloway served as the Strength Management, Education and Training Officer at Army Nurse Corps Branch, U.S. Army Human Resources Command, the Army's personnel headquarters.

Col. Galloway's military awards include the Bronze Star Medal, Meritorious Service Medal (X4), Army Commendation Medal (X6), Joint Service Achievement Medal and the Army Achievement Medal (X6). He is a recipient of the Order of Military Merit and the Army Surgeon General's "A" Proficiency designator, an award used to recognize the accomplishments of senior medical leaders who have made significant contributions to the Army Medical Department.

Col. Galloway is third generation "Army." Both of his grandfathers and his father were career Army officers. Col. Galloway and his wife, Terri, live in Alexandria, Virginia, near their two children.



Jean Guweyan Lecturer

**Betty Ferrell, RN, PhD, MA, FAAN,
FPCN**

Betty Ferrell has been in oncology nursing for 35 years and has focused her clinical expertise and research in pain management, quality of life and palliative care. Dr. Ferrell is a Professor and Research Scientist at the City of Hope Medical Center in Los Angeles. She is a Fellow of the American Academy of Nursing, and she has more than 300 publications in peer-reviewed journals and texts. She is Principal Investigator of a Program Project funded by the National Cancer Institute on "Palliative Care for Quality of Life and Symptom Concerns in Lung Cancer" and Principal Investigator of the "End-of-Life Nursing Education Consortium (ELNEC)" project. She directs several other funded projects related to palliative care in cancer centers and QOL issues. Dr. Ferrell is a member of the Board of Scientific Advisors of the National Cancer Institute and is Chairperson of the National Consensus Project for Quality Palliative Care. She is also the chairperson of the Southern California Cancer Pain Initiative. She has authored eight books - *Cancer Pain Management* (1995), a text on *Suffering* (1995), *Pain in the Elderly* (1996), *Oxford Textbook of Palliative Nursing* published by Oxford University Press (3rd edition published in 2010). She is the co-author of the text *The Nature of Suffering* and the *Goals of Nursing* published in 2008 by Oxford University Press and *Making Health Care Whole: Integrating Spirituality into Patient Care* (Templeton Press, 2010). Dr. Ferrell completed a Master's degree in Theology, Ethics and Culture from Claremont Graduate University in 2007.



Keynote Speaker

Patricia Adamski, RN, MS, MBA

Patricia Adamski currently holds the position of Director of Standards Interpretation in the Division of Healthcare Improvement at The Joint Commission. In this role, Ms.

Adamski is responsible for operational oversight for the standards interpretation functions and leads the professional staff in several important responsibilities including the Periodic Performance Review process, providing response to more than 40,000 inquiries per year from Joint Commission customers, review of survey reports and post-survey processes, and support of the surveyor cadre. She serves as a resource throughout The Joint Commission for all matters relating to the interpretation of standards, National Patient Safety Goals and the Medicare Conditions of Participation. Ms. Adamski is recognized by the field as an expert in these areas and is a frequent speaker for both The Joint Commission's Speakers Bureau and Joint Commission Resources seminars and programs. Before assuming her director responsibilities, Ms. Adamski was the Senior Associate Director of the Standards Interpretation Group. Ms. Adamski serves as faculty for surveyor educational programs, and is a certified nurse surveyor in the Hospital program. She is also a green belt supporting Lean/Six Sigma processes and activities.

Before joining The Joint Commission, Ms. Adamski held various positions in the Chicago area, including most recently as the Director of Professional Development, Administrative and Support Services at Elmhurst Memorial Hospital where she also served as the corporation's Privacy Officer. While at Elmhurst Memorial Hospital, she led the performance improvement and patient safety initiatives for the patient care services division. She is affiliated with the American Organization of Nurse Executives (AONE), the American College of Healthcare Executives (ACHE), and the American Nurses Association (ANA). Ms. Adamski has more than 35 years of health care management and nursing experience in the acute care setting, and an extensive background in oncology nursing and pain management.

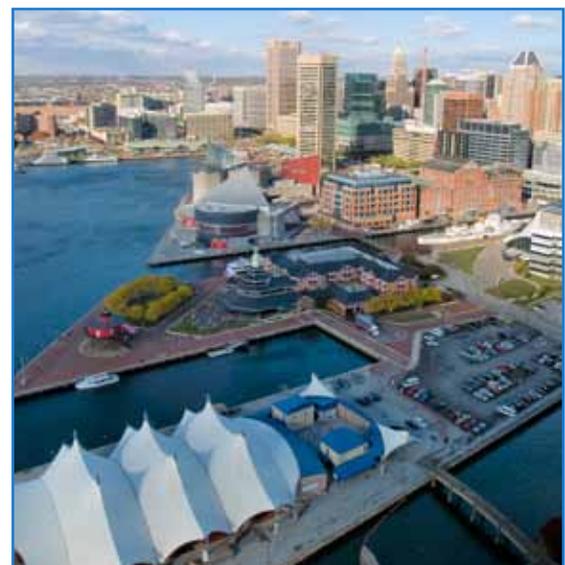
Ms. Adamski received a diploma from Wesley-Passavant School of Nursing in Chicago, Illinois. She also received her Bachelor of Science and Master of Science degrees in Nursing, and a Master of Business Administration degree all from St. Xavier University in Chicago, Illinois.

trauma survivors
network
provided by **ATS**
survive. connect. rebuild.

The Trauma Survivors Network (TSN) is a community of patients and families who are looking to connect with one another and rebuild their lives after a serious injury. The American Trauma Society (ATS), the leading organization advocating for the injured and their families, in partnership with hospitals around the country, is committed to growing the TSN by providing the programs and resources patients and families say they need to manage their recovery and improve their lives. The underlying goal in all of these programs and resources is helping trauma patients and their families connect and rebuild their lives following a serious injury.

- ✓ TSN requests monetary donations!
The TSN is looking to hire a pain management counselor who would be available to answer questions about meds, weaning, addiction, etc. Pain management is always a patient concern.

For more information on the TSN, please visit www.traumasurvivorsnetwork.org.



Schedule of Events

Wednesday, September 12, 2012

7:00 a.m. – 8:00 a.m. **Continental Breakfast**

8:00 a.m. – 5:00 p.m.

PRE-CONFERENCE WORKSHOPS

For the purposes of this meeting, advanced and basic are defined below to help you decide which sessions are most appropriate for you.

Basic sessions are designed for the less experienced nurse, regardless of educational degree, providing information for entry into or a beginning level of pain management nursing. This does not imply that the information may not be appropriate for a wide variety of interest levels.

Advanced sessions contain information on topics that may be considered advanced as the content is from a specialty area, deals with complex information and/or reflects content for the more experienced nurse. This does not imply that these sessions are for advanced practice nurses only and may be suitable for a wide variety of interest levels.

TIME	LEVEL	PRESENTATION
8:00 a.m. – 5:00 p.m.	Advanced	<p>Workshop 1: ASPMN® Pain Management Certification Preparation Course™</p> <p>This course will cover basic physiology of pain, assessment of pain, pharmacologic, non-pharmacologic and interventional management of pain across the lifespan. The information in this course follows the exam content outline created by the Content Expert Panel for ANCC and was compiled by members of the ASPMN®.</p> <p>Speakers: Certification Preparation Course Master Faculty</p>
8:00 a.m. – 5:00 p.m.	Advanced	<p>Workshop 2: Advanced Pharmacology</p> <p>Pain management nursing has advanced its practice by leaps and bounds. We no longer assume that pain management is simple, algorithmic or anecdotal. We now advance into evidence-based practice that is based on neurophysiological research. In order to continue to bring pain management nursing into the 21st century, we must think in terms of pain pathway and multi-modal approaches to pain. This workshop is focused for the seasoned nurse in pain management, who is thinking about the depth of a person's individualized pain and how best to treat the etiology of the pain rather than placing a mask over it.</p> <p>Speakers: Barbara St. Marie, PhD, ANP, GNP, RN-BC, Fairview Ridges Hospital, Burnsville, MN; Linda Vanni, MSN, RN, ACNS-BC, NP, St. John Hospital, Huntington Woods, MI</p>
8:00 a.m. – 5:00 p.m.	Basic	<p>Workshop 3: Pediatric Pain Assessment & Management: From Fundamentals to Tricks of the Trade for the Pediatric & Non-Pediatric Nurse</p> <p>ASPMN®'s national experts will fill your day with a vast array of information regarding pediatric pain management to enhance your ability to care for family units of infants, children and adolescents experiencing pain. This workshop is for you, whether you care for kids occasionally or on a daily basis. The morning will include a review of the fundamentals of the pain experience and evidence-based tips on nurses' ability to impact that experience, the new APS guidelines for post-operative pain management and tricks of the trade for anticipating and managing pain associated with procedures. The morning will end with a case study illustrating how difficult medication management can be at times. The afternoon will be filled with expert advice on the management of some of the more difficult conditions seen in pediatric patients. Topics will include migraine headache management, caring for patients with chronic pain in an inpatient setting and caring for transgender children and adolescents. Lastly, a session discussing the complexities of implementing a new practice (Parent/Nurse Controlled PCNA in the NICU) will incorporate change theory as well as the results of such a dramatic change in practice. Speakers will be available for questions and discussion of other topics of interest after the workshop.</p> <p>Speakers: Teri Reyburn-Orne, MSN, RN, CPNP-PC/AC, CPMN, Cardon Children's Medical Center, Mesa, AZ; Kim Wittmayer, MS, APN, PCNS-BC, RN-BC, Advocate Hope Children's Hospital, Oak Lawn, IL; Renee Manworren, PhD, APRN-BC, PCNS-BC, Connecticut Children's Medical Center, Hartford, CT; Michelle Czarnecki, MSN, RN-BC, CPNP, Children's Hospital of Wisconsin, Milwaukee, WI; Lynn Clark, MSN, RN-BC, CPNP-PC, Children's Medical Center-Dallas, Dallas TX; Helen Turner, DNP, RN-BC, PCNS-BC, FAAN, Doernbecher Children's Hospital/Oregon Health and Science University, Portland, OR; Marti Michel, MSN, PCNS-BC, CPNP, CPN, Riley Hospital for Children, Indiana University Health, Indianapolis, IN</p>
8:00 a.m. – 5:00 p.m.	Basic	<p>Workshop 4: Geriatric Pain Management Course</p> <p>This course provides the learner with an in-depth review of concepts relevant to effective nursing management of the older adult who is experiencing or may experience pain. The workshop addresses the epidemiology of pain, common painful conditions, assessment of pain and treatment of pain in the older adult. Barriers to effective pain management and advocacy for the older adult with pain are included in this workshop.</p> <p>Speakers: Geriatric Pain Management Course Master Faculty</p>

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8:00 a.m. – 5:00 p.m.	Advanced	<p>Workshop 5: Integrative Therapies for Wellness & Health</p> <p>The following techniques will be discussed and/or demonstrated in this workshop:</p> <ul style="list-style-type: none"> • Introduction to Integrative Medicine • Acupuncture • Food for Wellness • Homeopathy • Qi Gong • Meditation • Yoga • Music <p>Speakers: Representatives from the University of Maryland Center for Integrative Medicine</p>
8:00 a.m. – 12:00 p.m.	Advanced	<p>Workshop 6: Sailing a Hospital-Based Pain Management Service into Successful Currents: Income & Outcomes</p> <p>This half-day workshop is designed to assist you in starting a new pain service or helping you refocus your current pain team on outcomes. A successful pain management strategy depends on shared goals, strong leadership and effective use of resources, data and outcomes. A recent report published by the Institute of Medicine (IOM) promotes the advancement of nursing and recommends that nurses be full partners in redesigning health care. Designing and/or improving hospital-based pain management services presents a unique opportunity for pain management nurses to demonstrate the importance of nursing in the provision of safe and effective quality pain care through a cost-effective strategy with measurable outcomes.</p> <p>Speakers: Lynne Brophy, RN, MSN, AOCN, Bethesda North Hospital, Cincinnati, OH; Nancy Eksterowicz, MSN, RN-BC, University of Virginia Health System, Charlottesville, VA; Tracy Trail Mahan, RN-BC, Kaiser Permanente, Santa Clara, CA</p>
8:00 a.m. – 12:00 p.m.	Advanced	<p>Workshop 7: Navigating Pain Management at the Very End of Life</p> <p>As patients approach the very end of their lives, it can be difficult to assess pain, or differentiate between opioid intoxication and impending death. Participants in this workshop will learn critical skills to assess these situations and develop clinical management strategies. Additionally, participants will learn how to select analgesics based on patient- and drug-related variables, how to manage acute severe pain in opioid-naïve patients, how to monitor patient response to therapy and how to perform opioid conversion calculations. Most importantly, participants in this workshop will leave with definitive skills that will allow them to provide aggressive palliative care, right up to the last moment of life.</p> <p>Speaker: Mary Lynn McPherson, PharmD, BCPS, CPE, University of Maryland School of Pharmacy, Baltimore, MD</p>
8:00 a.m. – 12:00 p.m.	Advanced	<p>Workshop 8: Navigating Ethical Challenges in Pain Management</p> <p>Nurses face clinical challenges every day, but the greatest challenges are those with ethical strife. Understanding foundational ethical principles and how they are applied to clinical situations can empower nurses to navigate the turbulence of ethical dilemmas. During this interactive workshop content will be provided to inform participants about ethical principles, illustrate a process for clearly describing key features of ethical dilemmas and discuss opportunities for resolving these dilemmas.</p> <p>Speaker: Helen Turner, DNP, RN-BC, PCNS-BC, FAAN, Doernbecher Children's Hospital/Oregon Health and Science University, Portland, OR</p>
1:00 p.m. – 5:00 p.m.	Basic	<p>Workshop 9: Taking the Pain Out of Research</p> <p>This half-day workshop is designed by the ASPMN® Research Committee to assist participants who are interested in developing a research proposal for pain management nursing or who are currently working on a research or evidence-based project related to pain. During the workshop, participants will learn about the essential elements of the research process, identify research mentors and sources of funding. The ASPMN® guidelines for a research proposal will be presented and discussed as a guide for the development of a research project. Anyone who is interested in research, but has limited experience, is welcome to attend this pain-free, interactive workshop!</p> <p>Speakers: Susan O'Conner-Von, PhD, RN, University of Minnesota, Minneapolis, MN; Ann Quinlan-Colwell, PhD, RN-BC, FAAPM, New Hanover Regional Medical Center, Wilmington, NC</p>
1:00 p.m. – 5:00 p.m. WORKSHOP CANCELLED	Advanced	<p>Workshop 10: Sleep & Pain: Strange Bedfellows</p> <p>Sleep is but a dream for patients with chronic pain. Some medications and poor sleep habits are barriers to getting to sleep, staying asleep and feeling rested. This workshop will arm you with tools to ask the right questions about sleep and pain, identify pain medication barriers to a good night's sleep and develop a system to integrate behavioral interventions for treating insomnia with chronic pain.</p> <p>Speaker: Nancy Nadolski, FNP, MSN, MEd, Saint Alphonsus Pulmonary and Sleep, Boise, ID</p>
1:00 p.m. – 5:00 p.m.	Basic	<p>Workshop 11: Pain 101: The Nurse's Role in Pain Management</p> <p>This workshop will provide the nurse who is new to pain management an overview of the role of the nurse in pain management. This workshop is especially recommended for "first-time attendees" at ASPMN®. By attending this workshop, the nurse who is beginning a focus in pain management will then be able to participate more fully in the actual National Conference.</p> <p>Speaker: Lora L. McGuire, MS, RN, Provena St. Joseph Medical Center, Joliet, IL</p>

Thursday, September 13, 2012

7:00 a.m. – 8:30 a.m. CE BREAKFAST SYMPOSIUM: Supported by an Educational Grant from Salix Pharmaceuticals, Inc.

Opioid-Induced Constipation: Considerations to Enable Appropriate, Early Targeted Therapy for Better Patient Outcomes

Carole P. Curtiss, MSN, RN-BC, Curtiss Consulting, Greenfield, MA; Rosemary C. Polomano, PhD, RN, FAAN, University of Pennsylvania School of Nursing, Philadelphia, PA; Neal E. Slatkin, MD, Hospice of the Valley, Duarte, CA

With the increasing use of opioids for chronic pain in the United States over the past decade, opioid-induced constipation (OIC) is becoming a prevalent problem. Although a number of strategies are being explored, there continues to be unmet clinical needs in the management of patients with this condition. The symposium will provide a forum for both didactic and interactive education regarding the burden of disease of OIC, disease mechanisms and clinical considerations associated with the treatment and management of OIC.

8:45 a.m. – 9:15 a.m. Welcome & Opening Remarks
Joann M. Eland, PhD, RN, FAAN, Associate Professor, University of Iowa College of Nursing, Iowa City, IA, ASPMN® 2011-2012 President

9:15 a.m. – 10:15 a.m. Lessons Learned: Military Medicine's Pain Management Journey
Kevin T. Galloway, COL, AN, Rehabilitation & Reintegration Division, HQDA, Office of The Surgeon General, Alexandria, VA

The presenter will provide an overview of military medicine's development and ongoing implementation of pain management strategy that is holistic, interdisciplinary, multi-modal and patient-focused. Underlying themes will include:

- ⊗ Historical impact of military medicine on medical innovations
- ⊗ Similarity between military medicine's current pain management challenges (polypharmacy, prescription medication overuse/abuse/diversion, and suicide) with the pain management challenges faced by the nation
- ⊗ The need to establish a "team-based" approach to treating pain
- ⊗ The need for medicine to "change"

10:15 a.m. – 11:00 a.m. Break in the Exhibit Hall
Silent Auction Items & Posters Available

11:00 a.m. – 12:00 p.m. Interpretation of The Joint Commission Standards Related to Pain Management
Patricia Adamski, RN, MS, MBA, Division of Healthcare Improvement, The Joint Commission, Oakbrook Terrace, IL

Learn from a Joint Commission expert about The Joint Commission pain management standards and related requirements. Included will be discussion related to competency, patient assessment, documentation and risk points. The survey process, along with the Medicare Conditions of Participation, will also be addressed.

12:00 p.m. – 1:30 p.m. CE LUNCH SYMPOSIUM: Supported by an Educational Grant from Millennium Laboratories
Managing Risk & Optimizing Outcomes in the Management of Chronic Pain
Tracey Fremd, NP, Tracey Fremd Consulting, Sacramento, CA

A recent Institute of Medicine report indicates 60 million people suffer from chronic pain. Prescribers from primary care and most specialties are faced with treating chronic pain in an environment where there is increased scrutiny over prescription drug misuse, forcing new regulations and a heightened focus on risk management in practice. The presenter will review the principles of safe opioid prescribing, including risk assessment and risk mitigation approaches, adherence monitoring, documentation and how to respond to in-office inspections. Nurses treating pain who want to optimize their risk management strategies to assure safe prescribing of controlled substances while maximizing their protocols and processes to be in compliance are welcome.

1:45 p.m. – 2:45 p.m. Jean Guveyan Lecture: The Global Impact of Advances in Pain Management Nursing
This lecture is being underwritten by Purdue Pharma LP.
Betty Ferrell, RN, PhD, MA, FAAN, FPCN, City of Hope Medical Center, Los Angeles, CA

This presentation will celebrate the advances in pain management, many pioneered by nursing, which have now been disseminated around the world to improve the treatment of pain in the most vulnerable of populations. Examples of nurses who are addressing the global crisis of pain will be shared and opportunities for international collaboration will be presented.

2:45 p.m. – 3:30 p.m. Poster Session

2:45 p.m. – 3:30 p.m. Break in the Exhibit Hall
Silent Auction Items & Posters Available

3:30 p.m. – 4:30 p.m. The Update of ASPMN® Position Statement: Pain Management in Patients with Substance Use Disorders
Candace C. Coggins, MS, MA, RN-BC, ACHPN, PMHNP-BC, Hospice of the Low Country, Bluffton, SC; Deborah Matteliano, PhD, ANP, FNP, RN-BC, Deborah Matteliano Pain Management, Buffalo, NY; June Oliver, MSN, CCNS, APN/CNS, Swedish Covenant Hospital, Chicago, IL; Barbara St. Marie, PhD, ANP, GNP, RN-BC, Fairview Ridges Hospital, Burnsville, MN

The presenters will focus on the clinical application of evidence-based recommendations to optimize care for people with co-existing persistent pain and substance use disorders. Members of the task force will discuss the revision of ASPMN®'s 2002 position paper and will describe the collaborative process which facilitated endorsement by the International Nurses Society on Addictions (IntNSA) for the 2012 update.

4:30 p.m. – 5:30 p.m. BUSINESS MEETING
All attendees invited

5:30 p.m. – 6:15 p.m. Certification Reception
All Certified Pain Management Nurses invited

6:30 p.m. – 8:30 p.m. RECEPTION IN THE EXHIBIT HALL

Charting Our Course, Navigating Pain Management

Friday, September 14, 2012

7:00 a.m. – 8:30 a.m. NON-CE BREAKFAST SYMPOSIUM: *Courtesy of Cadence Pharmaceuticals*
Perioperative Pain Management: An Update on the Role of IV Acetaminophen
Chris Pasero, MS, RN-BC, FAAN, Educator, Clinical Consultant, El Dorado Hills, CA

This presentation will include a review and update of OFIRMEV® (acetaminophen) injection as well as a review of the Multimodal Approach to Acute Pain Management.

LEVEL	CONCURRENT SESSION 1	SPEAKER
	8:45 a.m. – 9:45 a.m.	
Basic	<p>1A. Massage & Healing Touch Therapy: Enhancing Pain Control for Infants & Children</p> <p>The use of massage therapy and healing touch to treat pain, anxiety and insomnia is invaluable. The presenters will share their experience with incorporating these techniques into a comprehensive pain plan of care for hospitalized infants and children. Participants will have an opportunity to learn hands-on techniques that can be used to enhance pain practice.</p>	<p>Barbara Symalla, RN, CNS; Jill Maltrud, BS, NCMBT, CIMT; Barb Cant, RN, NCMBT, CHTP, CPMT, Children's Hospitals and Clinics of Minnesota, St. Paul, MN</p>
Basic	<p>1B. Receptors & Neurotransmitters: It Sounds Greek to Me</p> <p>Mu, delta, gamma, kappa, beta - what do these mean? How do they apply to human physiology? The physiology of pain and the roles of the receptors with their transmitters will be reviewed in this session. Creative methods to enhance understanding and memory will be explored with games, interactivities, cartoons, visualizations and acronyms (in addition to others). Join the narrated, round-trip bus tour through the human body experiencing pain and the body's response. Challenge your memory of pain physiology.</p>	<p>Cathy Carlson, PhD, RN, CGRN, Northern Illinois University, DeKalb, IL</p>
Basic	<p>1C. Navigating the Moral Distress of Nurses Who Care for Patients with Pain</p> <p>Nurses often experience moral distress when they believe patients' pain is not adequately managed, which may lead to symptoms of physical stress, fatigue, anger, guilt, anxiety, depression and other symptoms of psychological disequilibrium. Moral distress is known to negatively impact patients and to contribute to professional burnout. The presenter will provide strategies for navigating moral distress experienced in the clinical setting through the development of moral courage.</p>	<p>Helen Turner, DNP, RN-BC, PCNS-BC, FAAN, Doernbecher Children's Hospital/Oregon Health and Science University, Portland, OR</p>
Advanced	<p>1D. The Challenges of Helping People Undergoing Methadone Maintenance Treatment Manage Pain When Hospitalized</p> <p>The presenter will address the challenges that people undergoing methadone maintenance treatment (MMT), and their care providers, encounter in managing pain when they are hospitalized. Myths will be addressed, and effective ways to manage pain will be discussed.</p>	<p>Ann Quinlan-Colwell, PhD, RNC, DAAPM, New Hanover Regional Medical Center, Wilmington, NC</p>
Advanced	<p>1E. Managing Post-Operative Pain in the Severely Obese Patient: Treatment & Monitoring Challenges</p> <p>The severely obese patient population poses multiple challenges for effective pain management during the post-operative period. As nurses increasingly encounter these patients in the clinical setting, it is necessary to recognize factors that may contribute to an increased incidence of adverse outcomes in the post-operative period. Knowledge of the effects of obesity on pharmacological agents is necessary to provide safe and effective analgesia. A case-study approach will be used to address pain management modalities and monitoring techniques that may be used throughout the perioperative period.</p>	<p>Maureen Cooney, DNP, FNP, BC, Westchester Medical Center, Valhalla, NY; Denise Sullivan, MSN, ANP, BC, Jacobi Medical Center, Bronx, NY</p>
Research	<p>1F. Randomized, Controlled Trial of the Effectiveness of the Pain Resource Nurse Program</p> <p>In this presentation, the results of the first randomized, controlled trial of the Pain Resource Nurse Program, a well-established and known pain education program, will be presented. In this study, the effectiveness of the PRN program on staff (e.g., knowledge and attitudes and pain assessment and documentation) and patient (e.g., pain severity) outcomes were tested.</p>	<p>Sigrídur Gunnarsdóttir, PhD, RN; Sigrídu Zoega, MS, RN; Nanna Fridriksdóttir, MS, RN; Svandís Iris Halfanardóttir, MS, RN; Herdís Sveinsdóttir, PhD, RN, University of Iceland and Landspítali - The National University Hospital, Reykjavik, Iceland</p>

9:45 a.m. – 10:45 a.m. Break in Exhibit Hall/Visit with Exhibitors/Silent Auction/Poster Abstract Viewing

Registration Brochure

LEVEL	CONCURRENT SESSION 2	SPEAKER
	10:45 a.m. – 11:45 a.m.	
Basic	<p>2A. The Transition of Young Adults with Sickle Cell Disease from Pediatric to Adult Care Settings</p> <p>It is challenging enough for healthy adolescents to transition to adult health care. However, this transition of young adults with chronic conditions, such as sickle cell disease, can be overwhelming. A review of transition programs for children with sickle cell disease starting at adolescent through young adulthood will be presented. The challenges encountered and lessons learned by adolescents, their parents and health care providers will be discussed.</p>	Sharon Wrona, MS, RN-BC, CPNP, Comprehensive Pain Service, Nationwide Children's Hospital, Columbus, OH
Basic	<p>2B. "In the Beginning": Managing Patient Expectations about an Interdisciplinary Pain Clinic</p> <p>The University of Utah Pain Management Center identified through satisfaction surveys and patient responses an area of growth in managing patient expectations. Patients who come to the center are suffering from chronic pain stemming from a variety of sources. The patients needed to know how an interdisciplinary process could help them. Two years ago, patient orientation to the clinic was developed. This patient orientation has grown and evolved into an integral part of the clinic and interdisciplinary process. The presenter will focus on the development of patient orientation, implementation, subjective and objective evaluation and future endeavors.</p>	Joey Robinson, MSNEd, RN, University of Utah Pain Management Center, Salt Lake City, UT
Basic	<p>2C. Prescription Drug Abuse & the Toxicology of Urine Drug Testing</p> <p>The presenter will provide up-to-date information on current trends in prescription drug abuse and ways in which urine drug testing can be used to identify such behaviors. By reviewing specific case studies, attendees will gain a thorough understanding of how to identify patterns of illicit or non-compliant drug use in urine toxicology reports, differences between urine and blood testing for the purpose of monitoring compliance, interpretation of toxicology reports and the differences between 'instant' testing and laboratory testing and the importance of blood testing the tolerant pain patient.</p>	Josh Gunn, PhD, American Institute of Toxicology, Indianapolis, IN
Advanced	<p>2D. Multi-Modal Approach for Optimal Pain Management after Total Knee Surgeries</p> <p>Total knee replacement (TKR) is one of the fastest growing adult reconstructive orthopedic surgeries. The presenter will provide a multimodal analgesia approach to post-operative pain control following TKR, review the risk factors for TKR patients for developing chronic pain and how to minimize these risks. Modalities such as opioid, non-opioid, regional anesthesia and intra-articular local infiltration will be discussed and reviewed. At the end of this session, the audience should have a good understanding of the different analgesia modalities available for the TKR patient.</p>	Tatyana Shuster, BSN, RN-BS, ANP, Long Island Regional Arthritis and Osteoporosis Care, Babylon, NY
Advanced	<p>2E. The Caring Touch: Reiki for Pain Management – Emerging Trends & Future Possibilities</p> <p>Reiki is an energy-based touch therapy steadily gaining popularity for use among nurses, health care providers and consumers. However, most health care professionals have limited knowledge about how Reiki works, Reiki research in pain management or how to establish Reiki programs within health care institutions. The presenter will explore the current state of the science of Reiki, focusing on its potential as a healing modality for pain management. Useful information about how to establish a Reiki program in hospitals will be presented. A Reiki demonstration will be included in this presentation.</p>	Anne Vitale, PhD, APN, AHN-BC, Florida Atlantic University, Christine E. Lynn College of Nursing, Boca Raton, FL
Research	<p>2F. War on Pain: Research Programs by the Defense & Veterans Center for Integrative Pain Management</p> <p>The presenters will discuss current programs of research by the Defense and Veterans Center for Integrative Pain Management at the Walter Reed National Military Medical Center, Bethesda, Maryland. Leadership by nurses has advanced pain research for combat-related injuries in areas of regional anesthesia/analgesia, novel therapies and pain measurement. The presenters will inform participants of two major investigations having far reaching implications for improving care to military service members across transitions of care from acute care following combat injuries to rehabilitation and reintegration. A brief summary of study findings and implications for practice will be discussed by nurses conducting research.</p>	Rosemary C. Polomano, PhD, RN, FAAN, University of Pennsylvania School of Nursing, Philadelphia, PA; Kyung Kwon, CRNP, MSN; Hisani Brandon-Edwards, BSN, RN-BC; Megan Vaughan, RN, BSN, Defense Veterans Center for Integrative Pain Management, Rockville, MD

12:00 p.m. – 1:30 p.m. LUNCH SYMPOSIUM or LUNCH ON YOUR OWN

Please note that lunch and dinner functions are on your own if the functions are not sponsored.

Charting Our Course, Navigating Pain Management

LEVEL	CONCURRENT SESSION 3 1:45 p.m. – 2:45 p.m.	SPEAKER
Basic	<p>3A. Journey to Pain Certification: A Successful Group Effort</p> <p>A group of direct-patient care nurses from various areas of practice, such as oncology, trauma, critical care, orthopedics, neurology and rehab, capitalized on their mutual desire to improve their patients' pain management with a commitment to one another to become Board Certified in Pain Management Nursing. Over a one-year period, 13 nurses successfully passed the certification exam. These nurses are acting as experts on their units, benefiting both their patients and their colleagues and acting as change agents at the health system level. The presenters will highlight the steps this group followed, and how the plan can be replicated in other settings.</p>	<p>Cynthia Wagner Avellino, MSN, CRNP, FNP-BC, CHPN, RN-BC; Linda Kramer, BSN, CMSRN, RN-BC, Main Line Health: Paoli Hospital, Paoli, PA</p>
Advanced	<p>3B. "It Still Hurts": Promoting Self-Management for Chronic Pain</p> <p>Self-management techniques are recommended for all patients experiencing chronic pain. Access to these techniques is severely limited. The goal of this presentation is to provide clinicians with research-based evidence and tools to increase accessibility to these important and effective strategies for pain control. Through an integrative review process, barriers to self-management techniques will be identified, and several evidence-based strategies to address these barriers will be presented in an interactive format.</p>	<p>Christine Stamos, MS, ANP-C, DNP Student, Long Island Regional Arthritis and Osteoporosis Care, Babylon, NY; Patricia Bruckenthal, APRN-BC, PhD, Stony Brook University School of Nursing, Stony Brook, NY</p>
Basic	<p>3C. Monitoring Patients for Opioid-Induced Respiratory Depression: Implementation of Guidelines</p> <p>The presenters will provide education and recommendations for implementation of the ASPMN® Guidelines for Monitoring Patients for Opioid-Induced Respiratory Depression that were published in 2011.</p>	<p>Carla Jungquist, PhD, FNP, University of Buffalo, Buffalo, NY; Joyce Willens, RN, PhD, Villanova University, Villanova, PA; Donna Jarzyna, APRN-BC, MS, The University of Arizona Medical Center, Tucson, AZ; Diane Santangelo, NP, Stony Brook University Medical Center, Stony Brook, NY; Susan Dempsey, RN-BC, MN, CNS, Sharp Grossmont Hospital, La Mesa, CA</p>
Advanced	<p>3D. Using a Validated Tool to Assess Opportunities for Pain Management Quality Improvement</p> <p>The presenter will describe the importance of and process for using the newly validated Revised American Pain Society Patient Outcome Questionnaire (APS-POQ-R) tool to measure six areas for pain management quality improvement to identify opportunities to improve satisfaction and pain management outcomes. Data collected as part of the APS-POQ-R tool validation study will be presented.</p>	<p>Mary Lyons, RN-BC, APN/CNS, ONC, Central DuPage Hospital, Winfield, IL</p>
Basic	<p>3E. School Reintegration: Nursing Role in Channeling Rough Waters for the Pediatric Chronic Pain Patient</p> <p>The presenter will highlight successful return to school planning after completion of a rehabilitation program for chronic pain/postural orthostatic tachycardia syndrome (POTS). Specific detail regarding school integration and accommodations will be discussed. Come learn more about this approach to decrease school absenteeism related to chronic symptoms.</p>	<p>Connie Luedtke, MA, RN-BC, Emily Dresher, MSN, RN; April L. Shappell, RN; Barbara Bruce, PhD; Tracy E. Harrison, MD, Mayo Clinic, Rochester, MN</p>
Research	<p>3F. Comfort Over Pain in Pregnancy</p> <p>The presenter will provide the results of the comfort over pain in pregnancy research project, how the theoretical framework (Comfort and Remembered Wellness) fits into pain management, the evidence base behind the project - why and how it works (literature review) with specific examples, including reframing, belief and its incredible, positive influence on the body (example: placebo effect), autonomic nervous system: balancing sympathetic "fight and flight" with parasympathetic "rest and digest" in order to release the bodies innate ability to heal and results of mind-body practice at a cellular level.</p>	<p>Lenore A. Charles, CNM, DNP, Frontier School of Midwifery and Family Nursing, Bay Area Hospital, North Bend, OR</p>

2:45 p.m. – 3:30 p.m. Break in Exhibit Hall/Visit with Exhibitors/Silent Auction/Poster Abstract Viewing

Registration Brochure

LEVEL	CONCURRENT SESSION 4 3:30 p.m. – 4:30 p.m.	SPEAKER
Advanced	<p>4A. Development & Evolution of an Evidence-Based Protocol Nurse Directed Pain Service</p> <p>The presenters will discuss the development, implementation and modifications to evidence-based, nurse-directed, protocol-driven PCA and regional analgesia pain services. In this unique model, the nurses on the pain service independently manage the patient's pain and related side effects, after receiving a "by protocol" order from the primary physician. Within protocol boundaries, specially trained nurses select the drug, pump settings, side effect medications as well as titrate and transition patients to alternate analgesics. The nurses provide individualized pain management plans for high-risk patients using a collaborative, unified approach. Benefits and limitations will be discussed.</p>	<p>Karen Snow Kaiser, PhD, RN; Michele Bennett, BSN; Susan Evans, BSN, MS, RN-BC, University of Maryland Medical Center, Baltimore, MD; Cathy Bower, BSN, RN-BC, Kernan Hospital, Baltimore, MD</p>
Advanced	<p>4B. The Fibromyalgia Syndrome: How Far Have We Come in Our Understanding & Management</p> <p>New understandings into the pathophysiology of fibromyalgia syndrome have introduced new pharmacological therapies and broader innovations into treatment and management of patient's with fibromyalgia. As such, nurses who specialize in pain management have a vital need to verbalize what is currently known about the pathophysiology of fibromyalgia, identify patients at risk and be able to recommend pharmacological and non-pharmacological options for management.</p>	<p>Theresa Mallick-Searle, RN, MSN, NP, Stanford Medical Center, Division of Pain Management, Stanford, CA</p>
Basic	<p>4C. Advanced Techniques for Cancer Pain Management</p> <p>Approximately 10% to 25% of people with cancer experience pain that cannot be managed using standard medical treatment. There are a variety of advanced procedures to alleviate severe pain. The presenter will explore five neurosurgical procedures that can significantly reduce pain from cancer.</p>	<p>Laura Textor, ACNS-BC, RNC, Midwest Neuroscience Institute at Research Medical Center, Kansas City, MO</p>
Basic	<p>4D. Comorbidities of Depression, Anxiety & Chronic Pain in Children & Adolescents</p> <p>Chronic and recurrent pain not associated with a disease is common in childhood and adolescence. Factors that increase prevalence in children and adolescences with abdominal pain include anxiety in children and their mothers, anxiety and depression in children, feelings of sadness in younger girls and school stress. The presenter will review the statistics of chronic pain in children and the comorbidity of depression and/or anxiety as well as review case studies. Pharmacological and non-pharmacological treatment options will be shared.</p>	<p>Sharon Wrona, MS, RN-BC, CPNP, Comprehensive Pain Service, Nationwide Children's Hospital, Columbus, OH</p>
Advanced	<p>4E. Tips for Taming the Beast: Lessons Learned Working with Substance Use Disorders & Chronic Pain</p> <p>The presenters will provide an overview of the lessons learned while working with people who struggle with chronic pain and substance use disorder (SUD). Training staff in the use of motivational enhancement strategies such as empathy, developing discrepancies, avoiding arguments, supporting self efficacy and rolling with resistance, has provided a successful environment for patients to make healthy changes. These changes have offered patients a fresh approach as nurses provided care for these complex patients with both chronic pain and substance use disorder.</p>	<p>Connie Luedtke, MA, RN-BC; Joan B. Cronin, RN, CNS; Virginia R. Nash, RN, DNP, CNS, Mayo Clinic, Rochester, MN</p>
Research	<p>4F. Shedding Light on an Overlooked Population: Medical Inpatients with Pain</p> <p>For many patients with pain, the hospital environment may contribute to discomfort by providing an inconsistent lighting structure that can interfere with circadian rhythmicity which is integral in maintaining and/or improving health. The sleep-wake cycle, a well-known circadian rhythm, responds to the 24-hour light-dark fluctuation, and this may be disturbed in the hospital. Poor sleep has been related to more pain and distressed mood. The presenter will describe research investigating the relationships among light exposure, sleep-wake disturbances, mood and pain in adult medical inpatients and how this knowledge may lead to future studies and novel ways of better pain management.</p>	<p>Esther I. Bernhofer, PhD, RN-BC, Cleveland Clinic/Case Western Reserve University, Parma, OH</p>

4:30 p.m. – 5:30 p.m. **Committee Meetings**

5:30 p.m. – 6:30 p.m. **Chapter Meetings**

6:30 p.m. – 8:30 p.m. **DINNER SYMPOSIUM or DINNER ON YOUR OWN**

Please note that lunch and dinner functions are on your own if the functions are not sponsored.

Charting Our Course, Navigating Pain Management

Saturday, September 15, 2012

7:00 a.m. – 8:30 a.m. **BREAKFAST SYMPOSIUM or CONTINENTAL BREAKFAST**

8:45 a.m. – 9:30 a.m. **Awards Ceremony**

9:30 a.m. – 10:00 a.m. **Incoming Presidential Address**

Joyce Willens, PhD, RN-BC, Villanova University, Villanova, PA, ASPMN® 2012-2013 President

10:00 a.m. – 10:15 a.m. **Break**

LEVEL	CONCURRENT SESSION 5	SPEAKER
	10:15 a.m. – 11:15 a.m.	
Basic	<p>5A. Family History Information Helps Inform Chronic Pain Treatment</p> <p>Family history has the potential to improve health, including substance use, by identifying persons who are at risk for disease in the future or who already have a condition but have not been diagnosed. The presenter will focus on how nurses working in a multidisciplinary pain rehabilitation center in the Midwest with a population of patients seeking treatment for chronic pain conditions assess for a family history of substance abuse, which is a frequent comorbid condition, provide interventions and evaluate outcomes. Data on report of a family history of substance abuse and behavior changes, previously not summarized, will be presented.</p>	<p><i>Elizabeth Pestka, MS, PMHCNS-BC, APNG; Joan B. Cronin, RN, CNS; Virginia R. Nash, RN, DNP, CNS; Michele M. Evans, RN, CNS; Susan M. King, RN, BSN, Mayo Clinic, Rochester, MN</i></p>
Basic	<p>5B. Care of the Frequently Admitted Chronic Pain Patient: Utilizing a Nurse-Run Pain Service</p> <p>The presenter will explain the benefits of a nurse-run pain service to provide consistent expectations and care regarding the patient's pain management needs. These patients are often admitted without a primary physician with pain issues and a need for IV opioid therapy. This allows for a plan of care to be developed that follows the patient with every admission to allow for consistent expectations and pain management for the patient and care team. This care plan process has led to decreased admissions, LOS and ED visits among this patient population.</p>	<p><i>Dawn Kunz, MSN, AOCN, CHPN, Advocate Good Samaritan Hospital, Downers Grove, IL</i></p>
Advanced	<p>5C. Medicinal Marijuana: A Critical Review of the Literature</p> <p>A critical review of current/select research into the medicinal uses of marijuana will assist pain management nurses in applying evidence-based practice to their treatment and management. Participants will be able to objectively evaluate the clinical applications of current research, identify practice uses of cannabis and be able to understand and appreciate the limitations of scientific research.</p>	<p><i>Theresa Mallick-Searle, RN, MSN, NP, Stanford Medical Center, Division of Pain Management, Stanford, CA</i></p>
Basic	<p>5D. Methadone: Are You Prepared to Use It?</p> <p>Methadone is often overlooked as an opioid choice because its unique characteristics are not well understood by physicians and nurses. Studies have shown a 75% to 100% success rate in achieving analgesia when switching from another opioid to methadone. The presenter will discuss the safe use of methadone, its mechanisms of action and one method of converting from morphine to methadone.</p>	<p><i>Marsha Farrell, BSN, RN-BC, CHPN, Hospice Family Care, Huntsville, AL</i></p>
Basic	<p>5E. ETCO₂ & Opioids: Measurement of the Ebb & Flow</p> <p>End-tidal carbon dioxide (ETCO₂) monitoring is the measurement of exhaled carbon dioxide. The presenter will explore the application of continuous ETCO₂ monitoring for patients receiving opioids via patient-controlled analgesia or patient-controlled epidural analgesia. The aim is to improve opioid administration safety and reduce nursing response times to critical events. Case studies will be presented.</p>	<p><i>Cathy L. Carlson, PhD, RN, CGRN, Northern Illinois University, DeKalb, IL</i></p>
Research	<p>5F. Effect of a Biobehavioral Intervention on Post-Operative Pain, Anxiety & Neuropeptide Levels</p> <p>The purpose of this biobehavioral intervention study was to examine the results of a guided imagery intervention on post-operative anxiety, pain and the neuropeptide Substance P release.</p>	<p><i>Donna Burge, PhD, BC-APRN, CNS, Uniformed Services University, Bethesda, MD</i></p>

Registration Brochure

LEVEL	CONCURRENT SESSION 6 11:30 a.m. – 12:30 p.m.	SPEAKER
Basic	<p>6A. How to Throw a Fun & Educational “Pain Awareness Fair”!</p> <p>Increase clinicians’ awareness and knowledge of pain by throwing a fun and educational “Pain Awareness Fair”. The steps of planning and implementing a successful event will be outlined. Learn from the presenters’ experiences of the challenges, opportunities and outcomes. See pictures of the “Pain Awareness Fair” that drew a crowd of more than 150 clinicians and will now be a yearly event.</p>	<p>Cynthia Wagner Avellino, MSN, CRNP, FNP-BC, CHPN, RN-BC; Linda Kramer, BSN, CMSRN, RN-BC, Main Line Health: Paoli Hospital, Paoli, PA</p>
Advanced	<p>6B. Continuous Nerve Block Infusions: Use in Children & Adolescents in Both Inpatient or Outpatient Settings</p> <p>Continuous peripheral nerve blocks (CPNB) are useful to control pain in children and adults. At the St. Jude Children’s Research Hospital, CPNB often are maintained for extended time periods in young, immune-compromised patients. Qualified patients may be discharged with CPNB. The presenters will review the experience with managing long-term CPNB in young hematology/oncology patients in inpatient and outpatient settings. The presenters will discuss the policies and procedures in their pediatric institution for managing long-term CPNB in both settings. Focus will be given to nursing implications, including patient education and safety, standards of care, managing expected and unexpected complications and documentation.</p>	<p>Kelley Windsor, MSN, RN-C, PCNS-BC; Lane Faughnan, BSN, RN, CCRP, St. Jude Children’s Research Hospital, Memphis, TN</p>
Basic	<p>6C. In the Event of Pressure Changes, Please Apply Your Oxygen Mask First</p> <p>As nurses we care for others better than ourselves. We toss down peanuts or fast food for lunch. We are too busy for the bathroom and are chronically sleep deprived. The same stress response that makes our patients’ pain and illness worse is activated in our bodies too. It’s time to take inventory of how well we are caring for ourselves. Time to know the signs and symptoms of burnout and compassion fatigue and learn practical strategies for self-care. You will chart a new course for your life as you learn to apply your oxygen mask first.</p>	<p>Cindy R. Heck, MA, LCPC, RN-BC, BSN, Rays of Hope, Kansas City, MO</p>
Advanced	<p>6D. Challenges & Approaches to Pain Assessment Research in Non-Communicative Palliative Care Patients in Acute Care</p> <p>Acutely ill palliative care patients who cannot self-report pain pose major challenges to clinicians and researchers. The presenters will identify four challenges associated with conducting pain assessment research in this population. The challenges (eligibility, pain rater subjectivity, informed consent and enrollment) were identified by an interdisciplinary research team during an instrument study involving clinical staff in an acute care setting. At the conclusion, the audience will be able to discuss one-to-two approaches for managing each of the four challenges, which are applicable to research and clinical assessment of pain in this vulnerable population.</p>	<p>Karen Snow Kaiser, PhD, RN, University of Maryland Medical Center, Baltimore, MD; Deborah B. McGuire, PhD, RN, FAAN; Karen Soeker, PhD, University of Maryland School of Nursing, Baltimore, MD; JoAnne Reifsnnyder, PhD, APRRN, BC-PCM, Genesis Health Care, Kennett Square, PA; Timothy Keay, MD, MA-Th, University of Maryland School of Medicine, Baltimore, MD</p>
Basic	<p>6E. Nurse...Get Ready to Play...RATE MY PAIN! Recognition of Pain in the Non-Verbal & Critically Ill Adult</p> <p>The critically ill adult is often unable to self-report his or her pain, which contributes to the under-treatment of pain. The presenter will enhance the understanding and knowledge of the health care professionals assessing pain in the non-verbal and critically ill adult. The presenter will review the “hierarchy of pain assessment” tool.</p>	<p>Liza Marmo, RN-BC, MSN, CCRN, College of St. Elizabeth’s and UMDNJ College of Nursing, Stewartsville, NJ</p>
Research	<p>6F. Depression & Pain Interference among Emergency Department Chronic Pain Patients Recruited to a Web-Based Program</p> <p>Depression and pain interference scores were analyzed from patients with chronic pain who were treated in a community hospital emergency department (ED) and invited to participate in a feasibility pilot study for a web-based chronic disease self-management program. The presenter will summarize patient characteristics on pain intensity, pain interference and mood after their ED encounter, explore relationships among validated instrument measurements and describe recruitment outcomes.</p>	<p>Marian Wilson, MPH, RN-BC, Kootenai Medical Center/Washington State University College of Nursing, Coeur d’Alene, ID</p>

12:45 p.m. – 2:15 p.m. **LUNCH SYMPOSIUM or LUNCH ON YOUR OWN**

Please note that lunch and dinner functions are on your own if the functions are not sponsored.

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2:30 p.m. – 3:30 p.m. **Optimizing Analgesia to Enhance Recovery after Surgery**

Francesco Carli, MD, MPhil, FRCA, FRCPC, McGill University, Montreal, Quebec, Canada

The presenter will review the role of analgesia in attenuating the stress response and discuss the principle of the enhance recovery after surgery program. Participants will be able to identify the role of health practitioners in a facilitating patient's return to pre-operative baseline functional capacity.

3:30 p.m. – 3:45 p.m. **BREAK**

3:45 p.m. – 4:45 p.m. **Legal & Regulatory Perspectives on Controlled Substances to Treat Pain: Where Are We? Where Are We Headed? How Can We Avoid Train Wrecks?**

*Jennifer Bolen, JD, The J Bolen Group, LLC, Knoxville, TN;
Cathy A. Gallagher, Drug Enforcement Administration,
Office of Diversion Control, Washington, DC*

Today's frontline health care practitioners face a tremendous challenge: they must decide whether to treat (or continue to treat) patients with controlled medications in a country where prescription drug abuse and diversion has reached epidemic proportions. Equally important, there is also a crisis in access to quality care for patients with chronic pain. These twin public health issues of pain medication misuse and the under-treatment of chronic pain confront providers in many areas of medicine, pulling them in seemingly opposite directions. The presenters will focus on the legal/regulatory perspective of where we have been in terms of addressing this critical balance, where we are going, and what issues still need to be addressed, with the ultimate goal being to minimize the potential for train wrecks associated with inappropriate prescribing in whatever form – under-prescribing or over-prescribing.

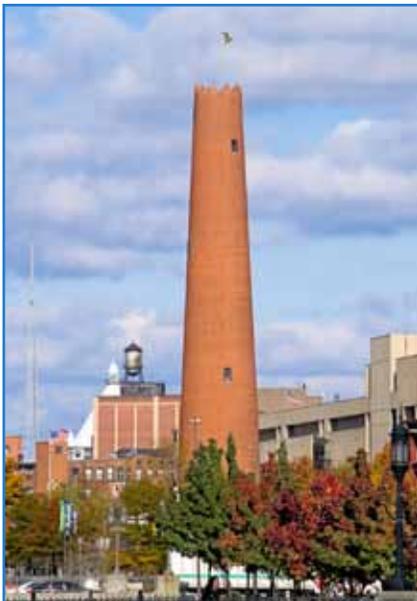
4:45 p.m. – 5:15 p.m. **Closing Remarks**

Joyce Willens, PhD, RN-BC, Villanova University, Villanova, PA, ASPMN® 2012-2013 President

5:15 p.m. – 7:30 p.m. **Dinner on Your Own**

8:00 p.m. – 11:00 p.m. **ASPMN® PARTY!**

Join us as we celebrate this year's conference! A great opportunity to enjoy new and old friends made through your involvement with ASPMN® as well as by attending this year's conference. The evening will be filled with snacks, fun, dancing and socializing.



22nd National Conference Planning Committee

Program Co-Chairs:

Sharon Wrona, MS, RN-BC, CPNP, Comprehensive Pain Service, Nationwide Children's Hospital, Columbus, OH

Daveda "Davey" Voss, MS, RN-BC, APN-FNP, Blessing Hospital, Quincy, IL and Family Practice, Memorial Hospital, Carthage, IL

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Michelle Czarnecki, MSN, RN-BC, CPNP, Children's Hospital of Wisconsin, Milwaukee, WI

Marti Michel, MSN, PCNS-BC, CPNP, CPN, Riley Hospital for Children, Indiana University Health, Indianapolis, IN

Jennifer Morris, RN, BSN, Acute Pain Nurse, Exempla St. Joseph Hospital, Denver, CO

Laurie Ware, PhD, RN, CNL, Assistant Dean/Professor, University of West Georgia School of Nursing, Carrollton, GA

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Cassandra Snyder, MS, RN-BC, Lehigh Valley Hospital, Allentown, PA

Hotel Information

Hilton Baltimore
401 West Pratt Street
Baltimore,
Maryland 21201
(443) 573-8700



The Hilton Baltimore hotel is located in the exciting Baltimore Inner Harbor district downtown, directly opposite Oriole Park at Camden Yards. Find yourself within walking distance or a short taxi ride to many of Baltimore's leading tourist attractions and destinations, including Baltimore's Inner Harbor, Harborplace and The Gallery, National Aquarium in Baltimore, Fort McHenry, Johns Hopkins University and the University of Maryland, as well as exclusive shopping and restaurants.

Reservations

BY PHONE:

To make room reservations, call the hotel at 800-HILTONS and ask for reservations to receive the ASPMN® National Conference rate of \$179 single/double plus tax.

ONLINE:

Visit the hotel web site to make your reservation:
<http://bit.ly/ASPMNHOTEL12>.

Please Note:

- ⚙ Rooms are blocked from September 11-16, 2012. The group rate may also be available three days before and after the conference if the hotel has availability.
- ⚙ Reservations must be made by Friday, August 17, 2012 in order to receive the conference discounted room rate. However, please note that sleeping rooms are assigned on a first-come, first-serve basis and may sell out before August 17.
- ⚙ The society has committed to a block of sleeping rooms for this event. If you make the decision to stay at another property, not only is it less convenient for you, but it also may harm the society financially. We encourage you to reserve your room at the headquarters hotel and to continue to support your professional society.

Transportation

The hotel is located 10 miles or 15 minutes from the Baltimore/Washington International (BWI) airport.

Taxi:

\$25 one-way
 Yellow Cab (410) 685-1212

SuperShuttle:

- ⚓ \$14 per person one-way
- ⚓ \$27 per person round-trip
- ⚓ \$45 per car one-way via ExecuCar

Advance reservations for SuperShuttle or ExecuCar are required to receive the **ASPMN® discount**. You must book and prepay online at <http://tinyurl.com/ASPMN-2012-supershuttle> or by calling (800) 258-3826 and mentioning the group code ASPMN®.

ARRIVAL: After claiming your luggage, follow signs to the SuperShuttle ticket counter located on the lower level, baggage claims area of BWI airport. Check in by name and the agent will assist you in boarding the next available shuttle. You will have an approximate 15-minute wait. If you have not made your return reservation you can make it while you are waiting.

DEPARTURE: A change or cancellation must be made two hours before pick-up time. Call (800) 258-3826.

Parking:

- ⚓ On-site parking fee: \$28 daily
- ⚓ Valet parking fee: \$40 daily
- ⚓ All parking with in and out privileges

CLIMATE & ATTIRE

The average high temperature in September in Baltimore is 78 degrees Fahrenheit, and the average low temperature is 58 degrees Fahrenheit.

Attire for the conference is business casual.



ASPMN® National Office, P.O. Box 15473, Lenexa, KS 66285-5473 or Fax to (913) 895-4652 ■ Register Online: www.aspmn.org

Final Registration deadline is August 17. If you are registering after August 17, please bring your completed paperwork and payment with you to the conference.

STEP 1: REGISTRATION INFORMATION

First Name	M.I.	Last Name, Credentials (only two credentials will appear on your name badge)
Name as you wish it to appear on your name badge, if different from your first name listed above		
Employer		
<input type="checkbox"/> Home <input type="checkbox"/> Work		
Preferred Address – please indicate home or work		
City	State	Zip
Daytime Telephone Number		E-mail Address

SPECIAL NEEDS

I will need assistance: _____

I have special dietary requirements: _____

EMERGENCY CONTACT INFORMATION

Name	
Relationship	Phone Number

This is my first time attending an ASPMN® National Conference.

I am interested in introducing a speaker for any session for which I am pre-registered. Please contact me if my services are needed.

STEP 2: WORKSHOPS/REGISTRATION

A. PRE-CONFERENCE WORKSHOPS

ASPMN® Pre-Conference Workshops

Full-Day (includes breakfast and lunch)

	Members	Non-Members
Workshop 1: ASPMN® Pain Management Certification Preparation Course™	<input type="checkbox"/> \$160	<input type="checkbox"/> \$190
Workshop 2: Advanced Pharmacology	<input type="checkbox"/> \$160	<input type="checkbox"/> \$190
Workshop 3: Pediatric Pain Assessment & Management	<input type="checkbox"/> \$160	<input type="checkbox"/> \$190
Workshop 4: Geriatric Pain Management Course	<input type="checkbox"/> \$160	<input type="checkbox"/> \$190
Workshop 5: Integrative Therapies for Wellness & Health	<input type="checkbox"/> \$160	<input type="checkbox"/> \$190

Half-Day (includes breakfast)

8:00 a.m. – 12:00 p.m.

Workshop 6: Sailing a Hospital-Based Pain Management Service into Successful Currents	<input type="checkbox"/> \$115	<input type="checkbox"/> \$145
Workshop 7: Navigating Pain Management at the Very End of Life	<input type="checkbox"/> \$115	<input type="checkbox"/> \$145
Workshop 8: Navigating Ethical Challenges in Pain Management	<input type="checkbox"/> \$115	<input type="checkbox"/> \$145

1:00 p.m. – 5:00 p.m. (includes lunch)

Workshop 9: Taking the Pain Out of Research	<input type="checkbox"/> \$115	<input type="checkbox"/> \$145
Workshop 10: CANCELLED	<input type="checkbox"/> \$115	<input type="checkbox"/> \$145
Workshop 11: Pain 101 – The Nurse’s Role in Pain Management	<input type="checkbox"/> \$115	<input type="checkbox"/> \$145

Attend two half-day workshops (applies to Workshops 6-11); must select one morning and one afternoon session (includes breakfast and lunch).

\$175 \$215

Subtotal A: _____

B. FULL-MEETING REGISTRATION

	Postmarked or Faxed by July 13	Postmarked or Faxed by August 17	After August 17 On-site
ASPMN® Member	<input type="checkbox"/> \$350	<input type="checkbox"/> \$400	<input type="checkbox"/> \$450
Non-Member	<input type="checkbox"/> \$450	<input type="checkbox"/> \$500	<input type="checkbox"/> \$550
Student ASPMN® Member	<input type="checkbox"/> \$160	<input type="checkbox"/> \$160	<input type="checkbox"/> \$175
Student Non-Member	<input type="checkbox"/> \$195	<input type="checkbox"/> \$195	<input type="checkbox"/> \$210

Subtotal B: _____

C. SINGLE-DAY REGISTRATION

<input type="checkbox"/> ASPMN® Member	\$150/day
<i>Please indicate which day you will attend.</i>	
<input type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday	
<input type="checkbox"/> Non-Member	\$200/day
<i>Please indicate which day you will attend.</i>	
<input type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday	
<input type="checkbox"/> Student ASPMN® Member	\$75/day
<i>Please indicate which day you will attend.</i>	
<input type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday	
<input type="checkbox"/> Student Non-Member	\$95/day
<i>Please indicate which day you will attend.</i>	
<input type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday	

Subtotal C: _____

D. SPOUSE OR GUEST REGISTRATION

Spouse or Guest(s) \$125 each
(includes Thursday evening Exhibits Reception, all meal functions and the ASPMN® Party)

_____ Number of Guests

Name(s) _____

Subtotal D: _____

E. MEMBERSHIP DUES

Current Members: Save Time - Renew your membership dues for 2013 today! If you are a current ASPMN® member, your dues will expire on December 31, 2012, but you can take the opportunity to renew for the next cycle at this time.

New Members: Join ASPMN® at this time and take advantage of Member Conference Registration Rates below. Your membership will take effect on October 1, 2012 and will not expire until December 31, 2013! Please complete the membership application form on the following page.

- Active - \$125
- International (U.S. Funds) - \$135
- Student - \$40
- Associate - \$80
- Retired - \$62.50

- Active - \$125
- International (U.S. Funds) - \$135
- Student - \$40
- Associate - \$80

Subtotal E: _____

Cancellations & Transfers

Cancellations and transfers must be requested in writing and postmarked or faxed by **August 17, 2012**. Refunds will be issued following the conference. A \$50 administrative fee will be assessed. If you transfer your registration to another person, please include a completed registration form for that person with your written request. Requests for cancellation postmarked, e-mailed or faxed after **August 17, 2012** are not refundable.

RSVP!

Lunch and dinner will only be provided if a symposium is sponsored. If breakfast isn't sponsored, it will be a continental breakfast.

- Thursday, September 13 - Salix Pharmaceuticals Breakfast Symposium (CE)
- Thursday, September 13 - Millennium Laboratories Lunch Symposium (CE)
- Thursday, September 13 - Welcome Reception
- Friday, September 14 - Cadence Pharmaceutical Breakfast Symposium (Non-CE)
- Friday, September 14 - Lunch Symposium (if sponsored)
- Friday, September 14 - Dinner Symposium (if sponsored)
- Saturday, September 15 - Breakfast Symposium (if sponsored)
- Saturday, September 15 - Lunch Symposium (if sponsored)
- Saturday, September 15 - ASPMN® Party

Important!

Please indicate which Concurrent Sessions you are interested in attending. Please check one session letter for each column.

ASPMN® Concurrent Sessions

Concurrent Session 1	Concurrent Session 2	Concurrent Session 3	Concurrent Session 4	Concurrent Session 5	Concurrent Session 6
<input type="checkbox"/> A					
<input type="checkbox"/> B					
<input type="checkbox"/> C					
<input type="checkbox"/> D					
<input type="checkbox"/> E					
<input type="checkbox"/> F					

Late Registration

If you register after August 17, please bring your registration form and payment with you to the conference as it will NOT be processed at the ASPMN® Executive Office after that date.

- I am aware that photographs will be taken during the conference and may be published in ASPMN® publications and on the ASPMN® web site.

STEP 3: TOTAL FEES ENCLOSED

- A. Pre-Conference Workshops \$ _____
- B. Full Meeting Registration \$ _____
- C. Single-Day Registration \$ _____
- D. Spouse or Guest Registration \$ _____
- E. Membership Dues \$ _____

Total Enclosed \$ _____

All fees must be paid in U.S. dollars, with checks drawn in U.S. funds on U.S. banks.

- Check (ASPMN®) Tax ID 58-1905277
- AMERICAN EXPRESS DISCOVER
- MASTERCARD VISA

_____ Card Number

_____ Expiration Date

_____ Cardholder Name

_____ Cardholder Signature

Please return this form and TOTAL AMOUNT DUE to:

Register Online at:
www.aspmn.org

By Mail:
 ASPMN® National Office
 P.O. Box 15473
 Lenexa, KS 66285-5473

By Overnight Courier ONLY:
 ASPMN® National Office
 18000 W. 105th Street
 Olathe, KS 66061

By Fax (with credit card info):
 (913) 895-4652

Contact the ASPMN® National Office for further information: (913) 895-4606



Charting Our Course, Navigating Pain Management

ASPMN® Membership Application

ASPMN® members include clinicians, educators and researchers with vastly different educational preparation, clinical roles and interest in practice issues who work in the following roles:

- Staff Nurse
- Manager
- Clinical Educator
- Nurse Practitioner
- Clinical Nurse Specialist
- Administrator
- Academic Educator
- Researcher

ACTIVE MEMBERSHIP

Any United States citizen or permanent resident who is licensed to practice as a professional registered nurse and is interested in pain management. An active member may vote, hold office and serve on committees. Dues are \$125 annually.

INTERNATIONAL MEMBERSHIP

A professional registered nurse licensed and practicing outside North America and not licensed in North America.

International members shall be excluded from holding office and voting. An international member may be asked to be a non-voting committee member if approved by the Board of Directors. Dues are \$135 (U.S. funds) annually.

STUDENT MEMBERSHIP

An individual enrolled in nursing education programs leading to eligibility for registered nurse licensure, BSN degree completion and advanced degrees. Student members shall be excluded from holding office and serving on committees. Dues are \$40 annually.

ASSOCIATE MEMBERSHIP

Includes LPN/LVNs and other health care professionals who are interested in ASPMN®'s goals (pharmacists, social workers, etc.). Associate members shall be excluded from holding office and voting. An Associate Member may be a member of a committee. Dues are \$80 annually.

Name	Credentials		
Current Position/Title			
Institution	Country		
Work Address	City	State	Zip
Work Phone	Work Fax		
Work E-mail			
Home Address	City	State	Zip
Home Phone	Home Fax		
Home E-mail			
Preferred mailing address (please check one) <input type="checkbox"/> Home <input type="checkbox"/> Work			
How did you learn about ASPMN®? _____			

MEMBERSHIP DUES

Membership dues are not tax deductible as a charitable contribution. They may be deductible as an ordinary and necessary business expense. Consult your tax advisor for information.

Check only one

- Active\$125
- International (U.S. funds)\$135
- Student\$40
- Associate\$80

METHOD OF PAYMENT

- Check (U.S. funds only)
Please make check payable to ASPMN®.
- Credit Card VISA MasterCard
 American Express Discover

Card #

Expiration Date

Cardholder Name

Signature

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 **Nursing**

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