The intertwined Concepts of Pain Management, Culture and Ethics on International Medical Missions
Misty Kirby-Nolan, MSN, APN-CNP

Conflict of Interest Disclosure
No Conflict of interest

Objectives
• Review ethical constructs
• Discuss classic & global health ethical constructs
• Explore Indian, Nepalese and Vietnamese cultural influences on pain management
Questions
① Why do you hope to do this work?
① What are your personal objective
① What are the benefits & costs?
① Is the work feasible, cost-effective, necessary, focused and justified

Questions
⑤ How will it impact disparity?
④ Will there be a net benefit to the community?
⑤ What do you hope bring back?
⑤ Is your work sustainable?
Classic Ethical Principles

- Non Maleficence
- Beneficence
- Autonomy
- Justice

Key Principles for Global Health Ethics

- Humility
- Introspection
- Solidarity
- Social Justice

Nurse Patient Relationship Models

- Nurse as a technician
- Surrogate/ parent
- Contracted clinician
- Advocate
Nursing Care Triad

Nursing Care Dyad

Pain Management Practice & Ethics

- Autonomy
- Nonmaleficence
- Beneficence
- Justice
Potential Ethical Hazards

- Power imbalances
- Cultural ignorance
- Historical Colonial legacies and Cultural Stereo types
- Not ensuring sustainability

Intertwined Concepts

- Culture: the beliefs, values and practices shared by a community or group
- Ethics
- Pain management
Cultural beliefs

- Causes of pain
- Use of medication
- Trust of medical provider
- Perception
- Methodologies to relieve pain

Population- 1,095,351,995
Chief religion- Hindu, Muslim, Christian
Life expectancy- M-63.3, F-64.8
Literacy- 52%
Government type- federal republic
Nepal

- Population: 28,287,147
- Chief Religions: Hindu, Buddhist, and Muslim
- Government type: Constitutional monarchy
- Life expectancy: 68
- Literacy rate: 27.5

Vietnam
Vietnam

Population-84,402,966
Chief religion- Buddhist, Roman catholic
Life expectancy- M-67.9 F-73
Literacy rates- 93.7
Government type- Communist

Summary

• Solid foundation of skills needed
• Self introspection
• Organization’s Mission
• Egalitarian

THANK YOU!!